



A Fresh Take On Simple Food

Sandwiches

All sandwiches include a kosher dill pickle and your choice of kettle chips, pretzels, baby carrots, apple, macaroni and cheese or sweet potato fries.

TOASTED SANDWICHES

Turkey Club Med \$6.50

Turkey breast, applewood-smoked bacon, baby spinach and artichoke hearts drizzled with vinaigrette, sprinkled with Parmesan and served on Ciabatta bread

Bull Market \$6.50

Shaved medium roast beef with blue cheese, baby spinach, caramelized onions and our special steak sauce on a Clasen's cheese roll

Paul's Pretzel \$6.50

Freshly baked pretzel roll with shaved honey ham, turkey, Swiss, stone-ground mustard and caramelized onions

Santa Fe Chicken \$6.50

Grilled chicken breast strips, melted Wisconsin pepper jack, roasted red peppers, caramelized onions and guacamole mayo on a baguette

Barbeque Pulled Pork \$6.50

Tangy barbeque pulled pork, Swiss, pickles, sautéed green and red onions on a baguette

Capital Club \$6.50

Grilled chicken breast strips, oven roasted turkey, applewood-smoked bacon, baby spinach, Wisconsin cheddar, tomatoes and jerk mayo on Ciabatta bread

Harvest Sandwich \$5.99

Marinated Portobello mushroom strips topped with baby spinach, Parmesan, provolone and caramelized onions on Ciabatta bread

DELI FRESH SANDWICHES

Investment Club Sandwich \$6.50

Grilled chicken strips, Dijon mayonnaise, applewood-smoked bacon, Swiss, tomatoes and mixed greens on a butter croissant

Oven Roast Turkey BLT \$5.99

Sliced oven-roasted turkey breast, applewood-smoked bacon, mixed greens and tomatoes with mayo on Italian bread



Capital Roast Beef.....\$5.99
Shaved medium roast beef, Wisconsin cheddar and Muenster, tomatoes, mixed greens, shaved red onions and horseradish mayo on a baguette

Greek Chicken Sandwich\$5.99
Sliced grilled chicken breast, baby spinach, tomatoes, shaved red onions, Feta and Kalamata olives on Ciabatta bread with guacamole mayo

Avocado Veggie Delight\$5.99
Fresh avocado, Parmesan, spring mix, red onions, tomato and ranch mayo on Ciabatta bread

The King of Sandwiches..... \$4.25
An organic peanut butter and honey sandwich raised to kingly status with a banana and multi-grain wheat bread

Freshly Tossed Salads

Small and large salads are freshly prepared for you and served with a freshly baked roll.

Caesar Salad Small \$3.00 Large \$5.00
Crisp, chopped romaine lettuce tossed with shaved Parmesan, Caesar dressing and croutons

Outstanding in Your Field Salad . \$3.50 \$5.25
Mixed baby field greens tossed with blue cheese crumbles, toasted walnuts, dried cranberries and herb vinaigrette

Spicy Thai Salad..... \$3.50 \$5.25
Mixed greens, roasted red bell pepper, cucumber, shredded carrots and crunchy noodles topped with peanuts and sweet-n-sour Thai dressing

Healthy Blend \$3.50 \$5.25
Mixed greens, grape tomatoes, cucumbers, carrots, broccoli florets and sunflower seeds with Dijon-Balsamic vinaigrette.

Greek Salad \$3.50 \$5.25
Spring mix, grape tomatoes, Feta, Kalamata olives, red onions and herb vinaigrette dressing

Add Grilled Chicken or Tofu\$1.50

Soups

Served with a freshly baked roll.

Baja Chicken \$2.99
Vegetarian Chili \$2.99
Soup of the Day..... \$2.99



Partnerships

Soup and Small Salad.....\$5.80
 Half Sandwich with Soup or Small Salad.....\$6.30

SANDWICH CHOICES

Oven Roast Turkey BLT
 Capital Roast Beef
 Avocado Veggie Delight

SALAD CHOICES

Caesar Salad
 Outstanding in Your Field
 Spicy Thai Salad
 Healthy Blend

SOUP CHOICES

Baja Chicken
 Vegetarian Chili
 Soup of the Day



Breakfast Sandwiches

Sandwiches are available 7:30 am to 10:00 am.

Southwest \$4.10
 Egg, Wisconsin pepper jack, tomatoes and guacamole served on a croissant

American \$4.10
 Smoked bacon, Wisconsin cheddar and egg served on a croissant

Greek \$4.10
 Feta, baby spinach, ham and egg served on a croissant

Special of the Week
\$5.25

CAPITAL CAFE PROUDLY SERVES A SELECTION OF
 DISTINCTIVE COFFEE, TEA AND ESPRESSO DRINKS
 FROM PEET'S COFFEE & TEA®.



Pick-Up Services

For meetings and small events with 5-25 people in Grainger Hall, Capital Cafe offers delivery. Pick-up services are available campus-wide. Simply contact us at 265-4914 or capitalcafe@union.wisc.edu to place your order. The menu includes almost everything that the main restaurant serves and can be viewed at

www.union.wisc.edu/catering/menu/capitalcafe.html

