

Welcome!

Spring inspires hope of new beginnings and new growth. And we are here to help! Lots of “NEW!” courses in this catalog, plus many long time favorites to help you create your personal new growth. Jump start your summer today and register now.

Spring Features!



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Chart your own healthy path...

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Grab your partner and learn to dance!

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Register by Phone

262-3156, 262-5771

Register on the Web

www.wisc.edu/minicourses



Healthy U

NEW! Circle of Life Group

How would you like your life to be? In what ways will you be "taking better care of yourself"? Who or what will support you? Empower and support yourself as you make change in your life for greater health, vitality, productivity and joy. Build a community of support that holds you accountable for succeeding in your personal improvement plan and celebrate every success along the way. Find success, whatever your context, in this pathway to personal growth. Honor a natural and positive pace of progress instead of inducing stress. Join others in this holistic exploration of the 12 aspects of life. Take time to reflect on what it is in your life you would like to expand, change and focus on. Create your personal Blue Print for Success. Experience and learn 1 to 3 minute mind body practices that will support you and can shift you quickly from feeling rushed and stressed to feeling peaceful and focused. 5 Meetings. INSTRUCTOR: Candice Schneider, certified Circle of Life coach.

#3260.501 MON 6:30-8:30pm, April 5-May 3
\$99.50(Student/U.Mem) \$119.50(Fac/Staff)

Chakra Balancing & Clearing

Chakras are energy centers, touch points, in the body located at major branchings of the human nervous system, beginning with the base of the spinal column and moving upward. Chakra education is awe inspiring, especially if you take an experiential approach. Regardless of your knowledge of these energy centers in the human energy field this evening will be fresh and full of great insights. We will experience an amazing animated 20 minute video educational meditation, balance and clear your own chakras and attune to a state of mind that helps the chakras stay in their natural flow. 1 Meeting. INSTRUCTOR: Jeremy Anacker is an energy seer, Reiki Master, and the co-founder of a non-profit specialty school.

#3293.501 MON 7-9pm, April 5
#24.50(Students/U.Mem)\$34.50(Fac/Staff)

Five Elements of Chinese Medicine

Water, wood, fire, earth, metal. These are the rhythms to which we move through our lives. Have fun identifying the primary elements within yourself and others, and move towards a more balanced life! PLUS: learn a 5-minute energy routine to use daily for stress relief and wellness. 4 Meetings. INSTRUCTOR: Ali Trevino-Murphy is an experienced teacher and practitioner of energy balancing techniques from a variety of healing traditions.

#3294.501 MON 5-6pm, April 5-26
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Calming "Triple Warmer," the Energy of Stress

Stressful situations trigger our fight or flight response, known in Chinese medicine as triple warmer. Under stress, this system "steals" energy from other systems in order to save our lives, but we rarely need to fight or flee from modern stressors, so the stress response affects us internally instead. This class will teach simple, practical self care techniques to calm our overactive triple warmers and find relief from stress. 1 Session. INSTRUCTOR: Ali Trevino-Murphy is an experienced teacher and practitioner of energy balancing techniques from a variety of healing traditions.

#3296.501 FRI 6-7pm, March 19
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

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Student Discount!
Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

NEW! Wellness for Life

A lively and highly-interactive workshop that will inform and inspire lifestyle changes. Topics include: nutrition, exercise, PSMART goal setting and achievement, life balance, emotional intelligence, disease-prevention and stress management. By defining what is most important to you, you connect with your personal motivation for lifestyle changes. Basic enough to inform and motivate people just beginning their wellness journeys, yet advanced enough that wellness gurus experience “ah-ha” moments. Well Today evaluates the huge number of health and wellness resources available for free/low cost on the internet and synthesizes the best into the workshop. Fee includes binder with presentations and reading. 4 Meetings. INSTRUCTOR: Kristin Versteegen, certified personal trainer, wellness coach and nutritionist. She is also a Worksite Wellness Facilitator with enthusiasm for supporting people and creating results that effect long term wellness change.

#3250.501 THR 6-7:30pm, April 8-29
\$64.50(Student/U.Mem) \$74.50(Fac/Staff)

Energy Medicine for Fatigue

Feeling drained or unmotivated? Do everyday activities require great effort? Is your body feeling weak and achy? This class will teach you simple techniques for self care that will revitalize and energize your body and mind. 1 Meeting. INSTRUCTOR: Ali Trevino-Murphy is an experienced teacher and certified energy medicine practitioner.

#3298.501 MON 5-6pm, March 22
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

Energy Medicine for PMS

Tired of pain, bloating, and emotional crazies? This class will teach you simple techniques for self care that will balance your body and relieve common symptoms of PMS. 1 Meeting. INSTRUCTOR: Ali Trevino-Murphy is an experienced teacher and certified energy medicine practitioner.

#3299.501 MON 5-6pm, March 15
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

Building Healthy Thoughts & More

Thoughts affect the body and they affect your life. Evidence of this is popping up all over. Learn more about a burgeoning culture of individuals who through science and personal breakthroughs build the case for feeling alive and creating greater health. The mechanics of empowering thought and inner alignment techniques provided. Get ready to know how you can experience positive benefits on a number of levels. 2 Meetings. INSTRUCTOR: Jeremy Anacker is an energy seer, Reiki Master, and the co-founder of a non-profit specialty school.

#3313.501 MON 7-9pm, March 15&22
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)



Register a friend!

Extend your eligibility by signing up a guest. Any eligible person can enroll one additional person in the same course, as their guest, at the same course fee rate.
Double your fun!

Yoga Inside & Out

Yoga At Noon

Here is a powerful, practical, technology for health, fitness and self-growth. You can improve overall bodily function through emotional balance, weight loss, elimination of negative habits, and a consistent sense of well-being. Understand what is necessary to improve your quality of life and gain the energy to go out and do it! Meets at Memorial Union. Sec. 501, no class 3/28 & 4/1. Sec. 502, no class 5/31. 12 or 13 Meetings. INSTRUCTORS: Lisa Lawrence, certified yoga instructor with over 25 years experience teaching Kundalini Yoga nationwide, assisted by Mary Hoddy.

#2650.501 MON&THR Noon-1pm, March 15-April 29
#2650.502 MON&THR Noon-1pm, May 3-June 17
\$99.50(Students/U.Mem)\$109.50(Fac/Staff)

Yoga Basics

Get started with yoga! You have heard it is good for you. You know you need to work out, or add variety to your present routine! Designed for absolute beginners, we will explore all the yoga basics and how to use it for flexibility, strength, relaxation and more. Those with previous experience also welcome. Worked with an experienced Instructor and get started in yoga today! No class 3/31. 5 Meetings. INSTRUCTOR: Lisa Lawrence.

##2672.501 WED 5-5:45pm, March 17-April 21
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Burn, Baby, Burn Yoga

Did you know that yoga can be fat-burning? Join us for a yoga workout aimed at that belly fat. Along the way you will gain better health and vitality while learning an enjoyable routine to burn that belly fat. We will use yoga to work on the endocrine system, which in turn will help balance hormones responsible for water retention, hunger, mood swings and food cravings. A natural addition to the class includes stretching, firming and toning abdominal and leg muscles. Both beginners and those with yoga experience welcome. Meets at Memorial Union. Sec. 501, no class 3/30. 6 or 5 Sessions. INSTRUCTOR: Courtney Oftedahl is a certified Yoga instructor.

#2677.501 TUE 6-7pm, March 16-April 27
\$54.50(Students/U.Mem)\$64.50(Fac/Staff)
#2677.502 TUE 6-7pm, May 4-June 1
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Saturday Kundalini Yoga

Learn a powerful yoga practice! Kundalini is designed for the development of physical strength, meditation and energy work. We will focus on the fundamentals so you can develop your practice. All levels of previous experience, including beginners, welcome! No class 3/27 & 4/3. 6 Meetings. INSTRUCTOR: Brooke Ramsey, certified Kundalini yoga instructor.

#2640.501 SAT 10:30-11:30am, March 13-May 1
\$47.50(Students/U.Mem)\$57.50(Fac/Staff)

New You Yoga

Stillness of the mind, action of the body, spirit rising. You'll get all of these and more when you dedicate yourself to a yoga practice in 2010! Your chance to transform your body, mind and soul by delving into the easy-to-achieve benefits of this ancient Eastern technique we call yoga. It can help you to reach your New Year goals of losing weight, getting stronger, becoming more flexible, and enjoying all the days ahead, regardless of what's going on in the news. Take this opportunity to join a fun-filled hour of joyful exercise under the guidance of a long-time Mini Course Instructor. You'll be glad you did! No class 3/29. 6 Meetings. INSTRUCTOR: Lisa Lawrence, certified yoga instructor with over 25 years experience teaching Kundalini Yoga nationwide.

#2645.501 MON 5-5:45pm, March 15-April 26
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

The Yoga of YES

Discover the joy of being completely and comfortably in your body. Release accumulated tensions and limiting beliefs through a physically invigorating asana practice. Includes modifications to accommodate all ability levels. Happiness has been called our most fundamental human desire. But how do we find it and why do we so often miss it? Through a yoga practice accompanied by meditation and mindfulness exercises, you'll pursue your way to the Yoga of Yes in No Time! No class 3/30. 6 Meetings. INSTRUCTOR: Lisa Lawrence.

#2660.501 TUE 5-5:45pm, March 16-April 27
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)



Register early to ensure space in your course.

NEW! Outdoor Yoga

Stretch, elevate and energize in the outdoors! We will combine deep stretching and core and abdominal strengthening of Kundalini with the smooth flow of Vinyasa to help you use yoga for a better body and mind! Meets outdoors near Memorial Union. Make up session due to weather cancellation on 6/14, rain or shine. No class 5/31. 5 Sessions. INSTRUCTOR: Courtney Oftedahl is a certified Yoga instructor.

#2673.501 MON 4:30-5:30pm, May 3-June 7
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Stress Less With Yoga

Whether it is the stress of exams, post-graduate deadlines, or the anxiety of entering and staying in today's job market, we all need to learn as much as possible how to relieve the damaging effects these stressors may have on us.

Here is both challenging and therapeutic teachings to awaken the healing power of breath and compassion for all beings. Get inspiration to find true alignment in your heart and spirit. See for yourself how Kundalini yoga can transform your life and help you rest easy while coping with everyday demands. No previous experience required. No class 4/1. 6 Meetings. INSTRUCTOR: Lisa Lawrence, certified yoga instructor with over 25 years experience teaching Kundalini Yoga nationwide.

#2667.501 THR 6:15-7:15pm, March 18-April 29
\$54.50(Students/U.Mem)\$64.50(Fac/Staff)

Focus on Flexibility

Stretch your body and elevate your outlook! We will combine deep stretching, core and abdominal strengthening, and meditation to help you gain a strong, youthful and flexible body! Some cultures measure age by the flexibility of one's spine instead of chronologically. You can help insulate your spine and body against injury and stimulate and align all 26 vertebrae and 72,000 nerves of your spine. You can also enjoy the additional benefits of aided function of the liver, adrenals, lungs, kidneys, optic nerve, and your digestive system. Increase your range of motion, open up in ways you never thought possible, and achieve a Focus on Flexibility! Sec. 501, no class 3/29, Sec. 502, no class 5/31. 6 Sessions. INSTRUCTOR: Courtney Oftedahl, certified Yoga instructor.

#2675.501 MON 6-7pm, March 15-April 26
#2675.502 MON 6-7pm, May 3-June 14
\$54.50(Students/U.Mem)\$64.50(Fac/Staff)

Kundalini 2.0

Get past that "been there, done that" feeling when doing your yoga. If you are ready to graduate from rookie yoga then come join us! We will take your yoga practice to the next level in this intermediate, 75 or 90 minute class intended for experienced students, those who have completed at least one Kundalini yoga course. Sec. 501, no class April 1. 6 or 5 Sessions. INSTRUCTOR: Courtney Oftedahl.

#2678.501 THR 5-6:15pm, March 18-April 29
\$67.50(Students/U.Mem)\$77.50(Fac/Staff)
#2678.502 THR 5-6:30pm, May 6-June 3
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

NEW! Yoga for Gardeners

Learn yoga stretches to complement continuous bending for digging, planting, and weeding. Prevent and relieve pain and create balance in your body. Doing these asanas daily will help not only the back, but also the entire body, mind, emotions, and spirit. Develop warm ups that focus on stretching and strengthening the lower back, abdominal core, legs, shoulders, and upper back. Special arms sequence to prevent or reduce repetitive injuries. Join other gardeners as we discuss posture benefits and stretch breaks during gardening. 1 Meeting. INSTRUCTOR: Courtney Oftedahl.

#2635.101 MON 7:15-8:45pm, June 14
\$14.50(Students/U.Mem)\$24.50(Fac/Staff)

NEW! Yoga for Bicyclists

Work the areas of the body that bikers use most! Stretches for the chest and stomach backward and strengthening for the lower back. Learn breathing practices to enhance your performance and increase stamina. Balance the muscle groups that are being overlooked with the repetitive motions of biking. Learn new warm ups and cool downs for your favorite sport. 1 Meeting. INSTRUCTOR: Courtney Oftedahl.

2636.101 MON 7:15-8:45pm, June 21
\$14.50(Students/U.Mem)\$24.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Defend Yourself

S.A.F.E Self-Defense for Women by Women

Self defense is a women's issue. One in four women will be the victim of an attempted or completed rape in the U.S. Avoid becoming a statistic! Learn the simple skills of how to "fight like a girl" - and win. Class is designed for women, registration is open to anyone. 4 Meetings. INSTRUCTOR: Ali Trevino-Murphy is a 2nd degree black belt instructor of Shaolin Kempo Karate and a sexual assault prevention activist.

#2760.501 WED 5-6pm, April 7-28
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Kung Fu for Fitness & Self-Defense

Open to all adults - no previous martial arts experience necessary! Learn to use the movements of the crane, snake, tiger, leopard, and dragon to maximize your strengths and minimize your weaknesses. This ancient Chinese style of martial arts not only improves flexibility,

strength, and cardiovascular health, but also provides practical self-defense skills. No uniform necessary. 6 Meetings. INSTRUCTORS: Villari's Martial Arts instructors.

#2750.501 MON&WED 6-7pm, April 5-21
#2750.502 TUE&THR Noon-1pm, April 6-22
#2750.503 TUE&THR 5-6pm, April 6-22
#2750.504: TUE&THR 7:15-8:15pm, April 6-22
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Master Kickboxing

The ultimate full body workout! Professional martial arts instructors teach the real applications of kickboxing and self-defense in a fun, high energy format. Burn calories, reduce stress and learn something new! Hand wraps required (\$8) and available on-site. Bring a water bottle and carry in a pair of clean, indoor-only athletic shoes for use on our matted surfaces. 6 Meetings. INSTRUCTOR: Villari's Martial Arts instructors.

#2770.501 MON&WED 7:15-8:15pm, April 5-21,
#2770.502 TUE&THR 6-7pm, April 6-22,
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Written Word

Finish that Novel & Get It Sold!

Whether your novel is written, revised, and ready to sell, or just a glimmer of an idea in your bedside notebook, this is the class for you. We will get you motivated to write, show you how to prepare your book for publication, teach you how to dazzle literary agents with your knowledge of the market, and write query letters that sell. By the end of the course you'll know exactly what to do the moment you write "The End" and how to get your novel from your laptop to your local bookstore. 3 meetings. INSTRUCTOR: Kelly Harms Wimmer is a copy writer and query consultant whose clients include several top New York publishing companies. Before relocating to Madison, she was an editor and later, a literary agent.

#1440.501 WED 6-8pm, April 14-28
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Start Writing Your Memoir

For every life there is a unique story. Start writing yours! Whether you want to share your own life experiences or pass on your family's stories, this class will help you get started and stay motivated. Each week we will discuss aspects of crafting memoir, including story structure, project organization, and writing techniques that make others want to read your work. Over five weeks you will produce up to four essays (3-5 pages) and a plan for writing more. 5 Meetings. INSTRUCTOR: Sarah White, author, personal historian, and writing coach.

#1450.501 THR 6:30-8:30pm, April 8-May 6
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Get your Learning Value Card and Get a FREE Mini Course!

Take six courses and receive your 7th course for FREE!*

No time limit!

Fill your card with six courses (or keep your confirmation notices) and save up to \$40. Not valid with any other coupon or offer.

ASK FOR YOURS TODAY!

*Any course up to \$40 or \$40 off any single course registration

New Movement

NEW! Jazzercise

When you love your workout, results come easy. Jazzercise is a fusion of jazz dance, resistance training, pilates, yoga, kick-boxing and more to create truly effective programs for people of every age and fitness level. Please wear comfortable aerobic shoes and bring hand-held weights and an exercise mat to each class. No class 3/30. 5 Meetings. INSTRUCTOR: Heidi Aschenbrenner, certified jazzercise instructor.

#2740.501 TUE 6-7pm, March 16-April 20
\$49.50(Student/U.Mem)\$59.50(Fac/Staff)

Beginning Belly Dance

Discover for yourself this ancient, beautiful and sensuous dance. You will develop body isolations, flexibility, posture, basic walking patterns, movements and start a dance routine. No class 4/1. 6 Meetings. INSTRUCTOR: Mona N'wal, an enthusiastic instructor who wants to bring dance into your life.

#2430.501 THR 6:15-7:45pm, March 18-April 29
\$64.50(Students/U.Mem)\$74.50(Fac/Staff)

Continuing Belly Dance

For those wishing to build on basic isolation and movements started in Beginning Belly Dance or other belly dance classes. New movements added, with focus on building these into the complete dance form. No class 4/1. 6 Meetings. INSTRUCTOR: Mona N'wal.

#2435.501 THR 7:45-9:15pm, March 18-April 29
\$64.50(Students/U.Mem)\$74.50(Fac/Staff)

Triathlon – Try It!

Do you have trouble following through on fitness goals? Can you swim, bike and run? Triathlon can provide the variety, challenge and reward you need to develop and maintain a long-term fitness program consistency. Learn the basics: equipment, training, procedures, competition and local resources to get you started in this popular sport. Whether you are still deciding or can't wait to begin, this course will help you understand what you need to know in order to participate and compete in triathlon and other multisports. 1 meeting. INSTRUCTOR: Philip Wiseley, an experienced adult instructor with 13 years of triathlon experience from sprints to Ironman distance.

#2950.501 TUE 7-9pm, April 27
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Focus on Flexibility

Stretch your body and elevate your outlook! We will combine deep stretching, core and abdominal strengthening, and meditation to help you gain a strong, youthful and flexible body! Some cultures measure age by the flexibility of one's spine instead of chronologically. You can help insulate your spine and body against injury and stimulate and align all 26 vertebrae and 72,000 nerves of your spine. You can also enjoy the additional benefits of aided function of the liver, adrenals, lungs, kidneys, optic nerve, and your digestive system. Increase your range of motion, open up in ways you never thought possible, and achieve a Focus on Flexibility! Sec. 501, no class 3/29, Sec. 502, no class 5/31. 6 Sessions. INSTRUCTOR: Courtney Oftedahl, certified Yoga instructor.

#2675.501 MON 6-7pm, March 15-April 26
#2675.502 MON 6-7pm, May 3-June 14
\$54.50(Students/U.Mem)\$64.50(Fac/Staff)

Student Discount!

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Grab Your Partner...

Note to Ballroom Dancers

Couples recommended, partners are not guaranteed for single registrants. NO refund of course fee if you are not able to find a partner in class. Please do not wear tennis shoes or sandals. A hard-soled shoe is best.

Country Western Two-Step

With Country Western Two-Step, the primary partner dance to country western music, we bring one of Texas's favorite dances to Wisconsin. With the great moves you'll learn here, you'll be prepared to dance to much of the country music that is played today. With two instructors you'll see all the moves demonstrated by a couple, not just one person. Couples recommended, partners not guaranteed in class. No class 3/31. 5 Meetings. INSTRUCTORS: Mike and Deb Moe, dance enthusiasts with 15 years of dancing experience.

#2115.501 WED 8-9pm, March 17-April 21
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

West Coast Swing

Learn the basics of one of the hottest dances around, west coast swing! This improvisational dance evolved from traditional swing dance, but when swing music fell out of popularity, west coast dancers started dancing to the rock n' roll music of the 1950s, and west coast swing was born! Dance to a variety of musical styles, from swing to country to rhythm and blues. With two instructors you'll see all the moves demonstrated by a couple, not just one person. Couples recommended, partners not guaranteed in class. No class 3/31. 5 Meetings. INSTRUCTORS: Mike and Deb Moe, dance enthusiasts with 15 years of dancing experience.

#2170.501 WED 6:30-7:30pm, March 17-April 21
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

I Just Wanna Dance Smooth!

Learn the fundamentals of ballroom dance in this fun and social setting! Walk away knowing how to lead and follow in the basic steps for the Foxtrot, Waltz, Tango, and Quickstep, four of the most popular ballroom dances. You will be confident in your ability to dance to virtually any smooth dance music in any situation after this course, which is designed to enhance what dancing is all about: having fun and "letting loose" in a comfortable social setting. Singles are welcome, but couples are recommended. Partners are not guaranteed in class. No class 3/29. 5 Meetings. INSTRUCTOR: Tom Choudoir has been a Dance Instructor for over 30 years.

#2120.501 MON 6-7:30pm, March 22-April 26
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Salsa 1

Get in on this spicy dance craze! Salsa is a sultry, fast and flashy Latin dance that will keep you moving. We'll focus on the basic steps and turns of salsa dancing to get you out on the floor in style. New patterns keep things fresh for returning students. Couples recommended, partners not guaranteed for single registrants. No class 3/29. 5 Meetings. INSTRUCTOR: Tom Choudoir has been a Dance Instructor for over 30 years.

#2150.501 MON 7:30-9pm, March 22-April 26
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)



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Salsa

Come and learn the basic steps and turns of salsa dancing--a spicy Latin dance that will definitely keep you moving. This class is high energy fun! Couples recommended, partners are not guaranteed in class. 1 Meeting. INSTRUCTOR: Christine Stickland, enthusiastic, ISTD certified dance professional.

#2330.501 SUN 5-7pm, May 2
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

Your Wedding Dance

Learn an easy, stress-free routine to get you through the reception's first dance, whether you are getting married, a member of the wedding party, or just want to impress your friends on the dance floor! This workshop offers help in choosing your music and dance style to fit the occasion. Wow your guests and have a great time at your own party. Wear your wedding shoes! Couples are recommended, partners are not guaranteed in class. 1 Meeting. INSTRUCTOR: Christine Stickland.

#2220.501 SUN 3-5pm, March 21
#2220.502 SUN 7-9pm, May 2
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

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Ballroom Basics Bootcamp

Learn the beginning steps of the Waltz and the Foxtrot along with touches of Rumba and Swing, all in a relaxed social dance atmosphere. Couples recommended, but singles also welcome. 1 Meeting. INSTRUCTOR: Christine Stickland.

#2210.501 SUN 5-7pm, March 21
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

Dancing to MoTown

If you have ever wondered what you can dance to The Supremes, The Temptations, Smokey Robinson, The Jackson Five or the funky stuff from 70's, try this workshop! We will have fun learning two to three great dances to help you move to the best of the Motor City. 1 Meeting. INSTRUCTOR: Christine Stickland.

#2260.501 SUN 7-9pm, March 21
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

Dance to Sinatra

Learn to dance to the music of Frank Sinatra. We will cover the steps and styles of at least two dances you and your partner can use to swing and sway to the tunes of "the chairman of the board." Next time you hear Ol' Blue Eyes you will be ready with some great new moves! Couples recommended, partners not guaranteed in class. 1 Meeting. INSTRUCTOR: Christine Stickland.

#2250.501 SUN 3-5pm, May 2
\$19.50(Students/U.Mem)\$29.50(Fac/Staff)

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Under The Lights!

Stand Up Comedy: For Stage & For Business

Are you funny? Do you think you could be if you'd just work up the nerve? Do you use humor to advance at your job or do you want to ditch your job entirely to get paid to be funny? If so, this class is for you! You'll learn how to work up the nerve to get on stage and show crowds your special talent in a controlled environment with the two time winner of Wisconsin's Funniest Comedian, Nick Mortensen. Whether you've been itching to get up on stage or just want to find a way to fit your sense of humor into your regular workday, you'll learn proven techniques to get out there and start doing what you love to do: make people laugh! You will meet in a classroom setting and then have a small recital during the final meeting. 4 Meetings. INSTRUCTOR: Nick Mortensen two time winner of Madison's Funniest Comedian 2006 and 2007. REGISTER WITH A FRIEND and save \$20! Register two people and get \$10 off both registration. IF registering on line use Coupon Code: Friend=\$100off. Code must be entered for each person to receive discount.

#3353.501 MON 7:30-9pm, April 5-26
#74.50(Students/U.Mem)\$84.50(Fac/Staff)

Acting Techniques: For Your Life & On Stage

Whether you are an aspiring actor wanting to nail that audition, a business professional making presentations in the office or just interested in taking the mystery out of acting, this course is for you! Through focusing on improvisation, personality exercises, theater games and character building you will learn to lose your inhibitions and improve your presentation in only five weeks. Applicable to any area of your life, this class will get you feeling confident in your ability to stand up in front of a group (no more stage fright!) and make people believe what you have to say! 5 Meetings. INSTRUCTOR: Kevin Croak, a casting director, has been teaching acting for over 20 years. He has appeared in over 300 films and 100 plays.

#1820.501 TUE 5:30-8pm, April 6-May 4
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Live Video Streaming & Web TV

Stream your event live over the web! Create live web TV or stream your videos without high cost or the hassle of corporate advertisements. Or have our class come out and live webcast your event! Get hands on learning, including the technical requirements and basic approaches for live webcasting. Combines classroom lecture/demo with the opportunity to be part of a variety of different weekly live web feeds. One one-on-one meeting plus live webcasting opportunities on Tuesday and Saturday evenings. INSTRUCTOR: Terry Kline, lighting and sound technician, UW wireless webcasting pioneer.

#9850.501 Schedule with Instructor
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Into to Videography/Camera

Covers the technical basics of operating Canon MiniDV cameras focusing on how to avoid the most common errors made by amateur videographers. You will learn how to get good color, clarity, and sound, as well as an idea of what is actually happening inside the camera. Class size small and "hands on" with a camera and tripod for each participant. Presented in cooperation with WYOU Community Television. Meets at WYOU studios. 1 Meeting. INSTRUCTOR: Eric Allin, Technical Director of WYOU and local videographer.

#1840.501 THR 5:30-8:30pm, April 22
#1840.502 THR 5:30-8:30pm, May 20
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Intro to Video Editing

Learn to use Apple's Final Cut Pro video editing software. Covers the basics of the software and provides the resources for learning the program in more depth after the class. Class sizes are small for more personal instruction. Editing lab open weekdays featuring 4 Macintosh stations with software found in many professional video operations available with additional WYOU membership. Presented in cooperation with WYOU Community Television. Meets at WYOU studios. 1 Meeting. INSTRUCTOR: Rick Richards, Board Chairman, WYOU or Robert Lughai, Education Director, WYOU.

#1850.501 THR 5:30-8:30pm, April 29
#1850.502 THR 5:30-8:30pm, May 27
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Musically Inclined

Harmonica Private Lessons

The harmonica is a popular, easy-to-learn, and expressive musical instrument. Single notes, melodies, blues, bent notes and improvisation are covered in these one-on-one lessons. Beginners and advanced players welcome. Music reading unnecessary. Participants must provide their own harmonica. Choose from available 30-minute time slots. No classes 3/26 to 4/1. 5 Meetings. INSTRUCTOR: DeWayne Keyes has taught over 1500 people to play harmonica!

MON March 15–April 19

#7400.501: 10:30-11:00 am
 #7400.502: 11:00-11:30am
 #7400.503: 11:30am-12:00pm
 #7400.504: 12:00-12:30pm
 #7400.505: 12:30-1:00pm
 #7400.506: 1:00-1:30pm
 #7400.507: 1:30-2:00pm
 #7400.508: 2:00-2:30pm
 #7400.509: 2:30-3:00pm

TUE March 16–April 20

#7400.510: 10:30-11:00am
 #7400.511: 11:00-11:30am
 #7400.512: 11:30am-12:00pm
 #7400.513: 12:00-12:30pm
 #7400.514: 12:30-1:00pm
 #7400.515: 1:00-1:30pm
 #7400.516: 1:30-2:00pm
 #7400.517: 2:00-2:30pm
 #7400.518: 2:30-3:00pm

WED, March 17–April 21

#7400.519: 12:00-12:30pm
 #7400.520: 12:30-1:00pm
 #7400.521: 1:00-1:30pm
 #7400.522: 1:30-2:00pm
 #7400.523: 2:00-2:30pm
 #7400.524: 2:30-3:00pm
 #7400.525: 3:00-3:30pm
 #7400.526: 3:30-4:00pm
 #7400.527: 4:00-4:30pm
 #7400.528: 4:30-5:00pm
 #7400.529: 5:00-5:30pm
 #7400.530: 5:30-6:00pm

THUR, March 18–April 22

#7400.531: 3:00-3:30pm
 #7400.532: 3:30-4:00pm
 #7400.533: 4:00-4:30pm
 #7400.534: 4:30-5:00pm
 #7400.535: 5:00-5:30pm
 #7400.536: 5:30-6:00pm
 #7400.537: 6:00-6:30pm
 #7400.538: 6:30-7:00pm
 #7400.539: 7:00-7:30pm
 #7400.540: 7:30-8:00pm
 #7400.541: 8:00-8:30pm
 #7400.542: 8:30-9:00pm

\$69.50(Student/U.Mem) \$79.50(Fac/Staff)

Guitar Private Lessons

Interested in learning or improving your playing? Whether it's finger style, rock, blues, or jazz, whether you consider yourself a beginner or an experienced player- there's something here for you! Explore chords, scales, techniques, theory, whatever you like. Material covered will be determined by your ability, experience, and interests. Guitarists of all skill levels welcome, even beginners! Access to guitar required. 30 minute private lessons, choose from available time slots. No classes March 29 & 30. 5 Meetings. INSTRUCTOR: Richard Gordon, performer and private music instructor.

MON, Mar 15–April 19

#7460.501: 6:00-6:30pm
 #7460.502: 6:30-7:00
 #7460.503: 7:00-7:30
 #7460.504: 7:30-8:00
 #7460.505: 8:00-8:30
 #7460.506: 8:30-9:00

TUE, Mar 16–April 20

#7460.507: 6:00-6:30pm
 #7460.508: 6:30-7:00
 #7460.509: 7:00-7:30
 #7460.510: 7:30-8:00
 #7460.511: 8:00-8:30
 #7460.512: 8:30-9:00

\$79.50(Students/U.Mem)\$89.50(Fac/Staff)

Voice Private Lessons

Whether you're an experienced performer or have only sung in the shower, private voice lessons can help. Sharpen your skills and become more comfortable with your voice while working on basic musicianship, correct vocal production, proper breathing, and correct diction. All singing levels welcome! Bring music that you'd love to sing to the lesson. 45 minute private lessons. Choose from available time slots during hours listed. No classes 3/29 & 3/30. 5 Meetings. INSTRUCTOR: Margaret Ingraham, voice teacher for over 40 years, MFA in acting and professional AEA actress who has acted in theaters across America including eight years in Chicago theater.

MON, March 15-April 19

#7180.501 6-6:45pm
 #7180.502 6:45-7:30pm
 #7180.503 7:30-8:15pm
 #7180.504 8:15-9pm

TUE, March 16-April 20

#7180.505 6-6:45pm,
 #7180.506 6:45-7:30pm
 #7180.507 7:30-8:15pm
 #7180.508 8:15-9pm

\$119.50(Student/U.Mem) \$129.50(Fac/Staff)

Exploring Wisconsin...

NEW! Wisconsin Geology

Southern Wisconsin's unique geology attracts visitors from around the world.

Explore why our geology is unique and how geologic features have created the beautiful landscape around us. Learn the geologic history of Wisconsin, including "recent" glacial activity. Experience our fantastic geology in both classroom sessions and on guided Saturday field trips. We will travel to Devil's Lake, Parfrey's Glen, and the Blue Mounds area, including Cave of the Mounds. Your Wisconsin road trips will never be the same again! Car pooling for Saturday field sessions discussed in class. Rain dates for field sessions Sunday of same weekend. Moderate hiking on field trips. 3 classroom sessions and 2 day-long field trips. **INSTRUCTOR:** Heidi Conde is a former DNR Educator and Naturalist and has a degree in Earth Science.

#4400.501 THR 7-8:30pm, May 6-20, SAT, May 15&22
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

NEW! Wisconsin Geology Weekend

Journey to the Northern Highlands to experience a weekend of exciting geology.

View the landscape from the descendant of a Precambrian mountain. Feel the spray of spectacular waterfalls tumbling over ancient volcanic ridges and fault escarpments. Hike along the beautiful gorges carved by eons of water rushing over some of the oldest rocks exposed at the earth's surface. Trip involves hiking of moderate difficulty. Course fee does not include park entrance fees, transportation, food, or lodging. Camping and lodging information provided prior to classroom session. Carpooling and details discussed at classroom session. Trip is on rain or shine. 1 classroom session + weekend trip that begins at 9 am Saturday in Wausau. **INSTRUCTOR:** Heidi Conde is a former DNR Educator and Naturalist and has a degree in Earth Science.

#4405.101 WED 7-9:30pm, June 9 plus
SAT&SUN, June 12&13
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Student Discount!
Current UW Students take
25% off the cost of
registration for ANY Mini
Course! Enter coupon code
QUARTEROFF at registration.
Experience Mini Courses
for less!

SW Wisconsin Church & Graveyard Tour

We have combined our annual church and cemetery tour! Visit several rural churches that have been renovated/restored along with visiting at least two cemeteries that have been renovated by very active area community groups. We will be able to talk with the people who actually did the work on restoring the buildings and cemeteries they love. You will meet passionate people who know and practice the true spirit of community. Among the places we will visit will be a small church near Oregon, a former Methodist church which was turned into a community center many decades ago and recently restored. The Gap Church near Albany is one of the oldest surviving churches in Green County and is supported by a group of dedicated neighborhood volunteers. Cemeteries will include the Attica Cemetery, a small nearly forgotten cemetery near Monticello and the Frenchtown Cemetery near Belleville. Course fee includes transportation. 1 Meeting. **INSTRUCTOR:** Kim Tschudy, lifelong resident of this area, author and experienced Mini Course instructor.

#4525.501 SAT 9am-5pm, April 24
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

On The Trail of Chief Blackhawk

Join us for a special way to reflect on the upcoming Memorial Day. We will trace the trail of Chief Black Hawk and his people as they were pursued across southern Wisconsin in the tragic ending to the Blackhawk War. We will visit the village of Exeter and travel to South Wayne, visiting the memorial dedicating the site where the treaty was allegedly signed (but was not) as well as the cemetery where several of the victims of the fight at Spafford Creek were laid to rest. We will visit Blackhawk Park where the pivotal Battle of Bloody Lake took place. Next we will go to Fort Hamilton in Wiota. Time permitting we will visit Mt. Horeb and finish at Blackhawk Ridge where Chief Black Hawk masterminded perhaps one of the greatest military operations in history trying to save his people. Explore the actions and thoughts of a man who fought because "the great spirit gave it (the land) to his children to cultivate it, they have a right to the soil." Course fee includes transportation, bring your sack lunch and a beverage. 1 Meeting. **INSTRUCTOR:** Kim Tschudy.

#4520.501 SUN 9am-5pm, April 25
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

...and Beyond!

Chicago Neighborhoods Weekend

Enjoy a great weekend exploring some neighborhoods in downtown Chicago! We will drive to Harvard and take the train to downtown Chicago. Saturday afternoon we will tour Chicago's fabulous lakefront neighborhoods on our own guided ("insanely easy") bike tour by the Windy City's premier bike tour company. See Gold Coast Mansions, Oprah's House, the Playboy Mansion, Lincoln Park Zoo, the Old Town Historic District, North Avenue Beach, and the historic Lakefront. Saturday evening will be free time for your own exploration. Sunday we will take a walking tour of Millennium and Grant Parks plus one other downtown neighborhood. Course fee includes all transportation, lodging, bike rental and guided tour. You are responsible for additional meals and entertainment expenses. Lodging will be shared room space at the Hostel International Chicago and includes continental breakfast. NOTE: Due to the nature of this trip there are no refunds/credit vouchers after 4/15. 1 Session. TRIP LEADERS: Richard Freihoefer, experienced Mini Course Instructor and trip leader with Jay Ekleberry, Mini Courses Director.

#4410.501 SAT 7:45am, May 15 - SUN, May 16
\$159.50(Students/U.Mem)\$169.50(Fac/Staff)

NEWS! Astronomy Afield

Celebrate the night sky! Understand the apparent motion of celestial bodies, then apply your understanding in dark sky observing sessions. Learn to use a planisphere to find constellations, then learn to star hop to other objects. Make a lunar flip book, your own handy reference to the lunar cycle. Use a telescope to explore planetary and deep sky targets. We have some incredible opportunities for observing Saturn, Mars, and Venus this spring! Course includes classroom sessions, guided field observing, and hands-on training in the use of a telescope. Clear-sky make-up observing sessions offered for each overcast evening that course is scheduled. Car pooling to observing sessions (held after each classroom session) discussed in class. 3 Sessions. INSTRUCTOR: Heidi Conde is a former DNR Educator and Naturalist who has taught astronomy for over six years.

#4430.501 WED 7-11pm, May 5-19
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

NEWS! Astronomy - The Chicago Connection

Explore the universe right in our own backyard! Start with a visit to historic Yerkes Observatory, a University of Chicago facility in Williams Bay, Wisconsin. Yerkes is birthplace of modern astrophysics, home to the largest functioning refracting telescope in the world, and interesting museum exhibits, in an architecturally fascinating building, ornate with celestial and other motifs. Continue your astronomical tour at the Adler Planetarium on Chicago's lakefront. You'll be treated to a special exhibit of historic telescopes, in honor of the 400th anniversary of their use in observing the cosmos, as well as some excellent permanent exhibits. There will be time for a show in one of the three theaters. Wrap up your out-of-this world trip with dinner at one of Chicago's premier, yet affordable restaurants. Course fee includes transportation and entrance fees. Participants should bring a sack lunch and money for dinner. 1 Session. TRIP LEADER: Heidi Conde.

#4432.101 SAT 7:30am-9:30pm, June 5
\$94.50(Students/U.Mem)\$104.50(Fac/Staff)

Keweenaw Copper & Summer Solstice

Spend the summer solstice exploring the rich copper mining history and scenic beauty of Michigan's Upper Peninsula. For 7,000 years humans have mined copper on the Keweenaw Peninsula. Spend time touring and exploring this rich copper mining history. Our base will be the historic town of Calumet, one of two Keweenaw National Historic Park Sites. Daytrips will include the Adventure Mine, Quincy Mine Hoist and the ghost town of Victoria. Included at Victoria will be a hike to visit the remains of one of the copper mines that drew the Finnish miners to this area. We will also visit nearby Victoria Dam, the tallest dam east of the Mississippi River, plus nearby Houghton/Hancock and historic Fort Wilkins at the northern most tip of the peninsula. COURSE FEE INCLUDES transportation, lodging and major admission fees. You are responsible for food and other entertainment expenses. 4 Days. TRIP LEADER: Kim Tschudy, experienced Instructor and Trip Leader, his fifth historically-based book will soon be published.

#4200.101 THR, 8am, June 17-SUN, June 20
\$349.50(Students/U.Mem)\$359.50(Fac/Staff)

The Great Out There!

NEW! Hooked on Fly Fishing

Take the mystery out of fly fishing.

Learn all the basics of this lifelong sport without having to spend lots of money on new equipment or travel. A complete beginner's course covering equipment, tackle preparation and selection, casting techniques, fishing strategies, stream ecology, entomology, reading a river, and more. Includes demonstration of fly tying. Practice casting in class, with your instructors' help. Equipment for practice casting session provided by Fontana Sports Specialists, or use your own. Compare to other courses costing up to twice as much or more! Course fee includes manual to help you make the most of the class plus the option to buy the Instructor's book at reduced fee. Make the most of Wisconsin's trout season or your own vacation in the mountains - register today! 2 Meetings. INSTRUCTORS: Andy Morton and Craig Amacker, have fished across North America, over 12 years experience teaching fishing.

#4860.501 TUE 6:30-9:30pm, April 6&13
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Birding by Ear

Imagine being able to name the birds you are hearing as you walk the woods or sidewalk. Learn to identify birds by their songs and calls. Understand the difference between bird songs and calls. Develop effective strategies for categorizing and learning bird vocalizations, including the use of entertaining mnemonic devices. We will explore the diversity of birdsong in Wisconsin with a "simulated May" immersion experience 31 birds strong and help "narrow the field" of which birds sing what. Gain confidence and competence in your birding practice by adding your ears as a tool. Instructor's book and DVD available for (optional) purchase at class. 1 Meeting. INSTRUCTOR: S. H. Betchkal, author, TV journalist, talk show guest and ornithologist.

#4290.501 SAT 8:30-11:30am, May 1
\$24.50(Student/U.Mem) \$34.50(Fac/Staff)

Student Discount!
Current UW Students take
25% off the cost of
registration for ANY Mini
Course! Enter coupon code
QUARTEROFF at registration.
Experience Mini Courses
for less!

NEW! Bird Watching for Beginners

Come discover the pleasure of watching birds and start your weekend off in a unique and wonderful way. All the basics will be covered with identification of species by sight and sound stressed. Meets rain or shine at westside Madison location. Bring binoculars if you have them. And we will be done in time for you to still have your whole day before you! 1 Meeting. INSTRUCTOR: Sylvia Marek, naturalist for the UW Arboretum.

#4300.101 SUN 7-9am, June 6
\$24.50(Student/U.Mem) \$34.50(Fac/Staff)

Sailboat Racing!

See Page 19.

Rock Climbing 1

Learn the great sport of rock climbing! Discover the joys and challenges of climbing real rock in the out-of-doors. Spend a great day at Devils Lake learning the basics or honing your skills. Emphasis on top-rope climbing, knots, safety techniques, and getting comfortable on the rock. Course fee includes all necessary equipment. Car pooling arranged. Rain date: next day (Sunday following). NO REFUNDS or rainchecks for inability to attend rain date. 1 Meeting. INSTRUCTOR: Scott Nelson, experienced climber and Instructor who got his start by taking a Mini Course.

#4310.501 SAT 7am-5pm, May 8
#4310.502 SAT 7am-5pm, May 22
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Rusty Stirrups

It is never too late to learn how to ride! If you've always dreamed of learning to work with and around horses, this is the class for you. Spend time getting to know your mount, grooming them and preparing them for riding. One hour each meeting is in the saddle learning the basics of riding--control, communication, and form. Then spend time untacking your horse, working around them on the ground, and putting them away. Designed for beginners, all experience levels welcome. Course fee includes all supplies and horses as well as a trial Hooper Riding Club Membership. Located at the Hooper Equestrian Center in Belleville, WI. No class 3/31. 6 Meetings. INSTRUCTORS: Hooper Riding Club Instructors.

#4350.501 WED 8-10am, March 24 - May 5
\$199.50(Students/U.Mem)\$209.50(Fac/Staff)

Travel-Minded

Traveling Solo & Loving It

Traveling solo can be one of the most rewarding experiences of your life. You can see the sights of Europe, the jungles of South America, ride the train to the canyons of Arizona or follow your dream even if you do not have a traveling partner. Come and learn from real-life experience how to travel safely whether you choose to travel alone or with a well-selected companion. Learn how to locate reliable resources to create your own tour or connect with other tours. Learn what to pack, ways to get around the language barrier and how to find reasonable accommodations. Most importantly, discover how to find the courage to travel alone! 1 Meeting. INSTRUCTOR: Nancy Welch, artist, creativity presenter and Sierra Club trip leader with over 25 years of travel experience.

#3090.501 SAT 9am-Noon, March 27
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

LANGUAGES FOR TRAVEL

Our language for travel courses are designed for beginners. Learn words and phrases specific to traveling situations such as ordering food, asking directions, etc. Includes some discussion of the cultures encountered where this language is spoken. 5 Meetings each.

Spanish for Travel

No class 3/30. INSTRUCTOR: To Be Determined.

#3060.501 TUE 6:30-8:30pm, March 16-April 20
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

NEW! Italian for Travel

No class 3/29. INSTRUCTOR: Ernesto Carella, born in Salerno, raised in Milan and Rome, lived in China and the USA, cannot stop talking about Italy wherever he goes.

#3050.501 MON 6:30-8:00pm, March 15-April 19
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

French for Travel

NO class 3/28 & 4/4. INSTRUCTOR: Mouhamadou Ndiaye is from Senegal and has taught both French and English.

#3030.501 SUN 3:30-5pm, March 14-April 25
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)



INSTRUCTORS WANTED!

Do you have a unique talent or skill? Why not share it? Mini Courses is seeking instructors who are experts in a number of different subjects. Request an application/proposal form from our office, or fill it out online (www.wisc.edu/minicourses).

Call 262-3156 for more information!

Sail On!

Sailing Theory & Practice

Join the fun on Lake Mendota and learn to sail! On the first day we will cover on-land training on sailing theory and rigging the boat (Tech dinghy). You may also get out on the water if time and weather permits. Come prepared to get wet! The second and third classes will consist of significant on-the-water instruction. Course fee includes sailing handbook and \$30 boat user fee which may be applied to any current year Hooper Sailing Club membership (allows for unlimited instruction, and use of all sailing crafts, once certified). Make-up date is one week, or next day, after last scheduled class session. NO REFUNDS for inability to attend make-up date. 3 Meetings. INSTRUCTORS: Hoopers Sailing Club Instructional Staff.

- #4080.501 THR 4:30-7:30pm, April 22-May 6
 - #4080.502 SUN 2-5pm, April 25-May 9
 - #4080.503 FRI 4:30-7:30pm, April 30-May 14
 - #4080.504 WED 4:30-7:30pm, May 5-19
 - #4080.505 THR 4:30-7:30pm, May 6-20
 - #4080.101 SAT&SUN 10am-1pm, June 6-12
 - #4080.102 MON-WED 5:30-8:30pm, June 7-9
 - #4080.103 MON-WED 5:30-8:30pm, June 21-23
 - #4080.104 WED&THR 5:30-8:30pm, July 7-14
 - #4080.105 MON&TUE 5:30-8:30pm, July 26-Aug 2
 - #4080.106 SAT&SUN 10am-1pm, July 31-Aug 7
 - #4080.107 MON-WED 4:30-7:30pm, Aug 16-18
 - #4080.108 MON-WED 4:30-7:30pm, Aug 23-25
- \$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Small Keelboat Sailing Cruise

Relax and enjoy a guided sailing cruise across Lake Mendota. On board, your instructor can offer a mini lesson in sailing theory and will give everyone who wishes the opportunity to take the helm. Food and drink can be brought on board. Call your friends and make it a sailing party! 1 Session. INSTRUCTORS: Hooper Sailing Club Instructional Staff.

- #4110.101 MON 5:30-8pm, June 7
 - #4110.102 THR 5:30-8pm, June 10
 - #4110.103 TUE 5:30-8pm, June 15
 - #4110.104 THR 5:30-8pm, July 1
- \$24.50(Student/U.Mem) \$34.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

NEW! Beginning Windsurfing

Take on a new adventure sport! Impress others and you impress yourself. Anyone can learn to windsurf - you will learn to rig and sail a board by the end of the class! Includes on-land training with a simulator plus on-the-water learning for sailing in light to moderate winds. Includes sailing handbook and \$30 boat user fee which may be applied to any current year Hooper Sailing Club membership. Personal flotation device provided, basic swimming ability required. Come dressed to get wet. Make-up date for inclement weather will be the day after the last class session. NO REFUNDS for inability to attend make-up dates. 3 Meetings. INSTRUCTORS: Hooper Sailing Club Instructional Staff.

- #4100.101 SAT&SUN 10am-1pm, June 12,13&19
 - #4100.102 WED&THR 5-8pm, June 16,17&23
 - #4100.103 MON-WED 5-8pm, June 28-30
 - #4100.104 MON-WED 5-8pm, July 12-14
 - #4100.105 WED&THR 5-8pm, July 28,29&Aug 4
 - #4100.106 MON-WED 5-8pm, Aug 9-11
 - #4100.107 SAT&SUN 10am-1pm, Aug 21,22&28
- \$89.50(Student/U.Mem) \$99.50(Fac/Staff)

Hooper Youth Program



Sailing • Windsurfing Kayaking • Canoeing

The Hooper Youth Program offers quality on-the-water instruction with a focus on fun and learning.

Available to youth ages 10-18 (windsurfing ages 13-18)
One and two-week sessions offered June 15-August 27
Morning, afternoon, and all-day options each session.
Lessons range from beginner to advanced.

All registration info at www.hooper youth.org
Call (608) 262-1630 or
email youth@hoopersailing.org for more info.
800 Langdon St, Madison, WI 53706



NEW!

Sailing Dinner Cruise

Pack your picnic basket and head down to the Union for a relaxing 3 hour evening sail on beautiful Lake Mendota. Make it a double date and invite some friends or neighbors along. You can make a unique night with your friends and/or look at it as a casual sailing class. Take in a sunset while the gentle summer breezes sooth your soul. There is nothing like an evening sail - we provide the boat and crew, you bring the dinner. Make-up date due to weather scheduled with Instructor. 1 Meeting. INSTRUCTOR: Hooper Sailing Club Instructor Staff.

#4115.101 THR 5:30-8:30pm, June 10
#4115.102 THR 5:30-8:30pm, June 24
#4115.103 THR 5:30-8:30pm, July 8
#4115.104 THR 5:30-8:30pm, Aug 5
\$24.50(Student/U.Mem) \$34.50(Fac/Staff)

Mendota Sailboat Racing

Have you ever wanted to be part of the excitement and adventure of a full blown sailboat race? This is your ticket! You will match race with other 24' or 22' boats around an official course on Lake Mendota. Learn the rules of sailboat racing and the tactics it will take to win. Train together on a J-24 or J-22 racing boat for first session. Then the following day you will work together as a team and compete in an officially sanctioned Mendota Yacht Club Wednesday Night Series race. Make-up date arranged with Instructor, no refunds for inability to do make-up date. 2 Meetings. INSTRUCTORS: Hooper Sailing Club Instructional Staff.

#4120.101 TUE&WED, 5:30-8pm, June 8&9
#4120.102 TUE&WED, 5:30-8pm, June 22&23
#4120.103 TUE&WED, 5:30-8pm, July 6&7
#4120.104 TUE&WED, 5:30-8pm, Aug 3&4
\$49.50(Student/U.Mem) \$59.50(Fac/Staff)

Wine +

Wine Journey - Europe's Great Rivers

See, sniff, sip, and savor like a pro! Learn the essentials to understand and appreciate wine. Come and enjoy an evening of assorted wines associated with the Rhine, Main and Danube Rivers. Discover the importance of knowing the basics - from wine reviews, to price-value relationships, to seeing through advertising strategies. All tasting fees included in price and no experience necessary. Get the most out of every glass. Proof of age required at class session. Please bring a pen/pencil. 1 Meeting. INSTRUCTOR: Paul Camponeschi, wine lover with a degree in Hospitality/Tourism and specialized culinary training. SPECIAL: Sign up for this course and receive a FREE TICKET to the 2010 Travel Adventure Series presentation CRUISING EUROPE'S GREAT RIVERS (March 22 or 23, you choose which night). Make it a real travel adventure and save money at the same time!

#5524.501WED 7-9pm, March 24
\$29.50(Student/U.Mem) \$39.50(Fac/Staff)

Wine Appreciation

Join us for four classes as we discover how to evaluate, taste and describe wine. We will explore how to read and understand wine reviews, detect biases and hype. Learn to read a wine label and tell if you will like the wine, how to understand advertising and discover values. Find out which wines taste like a \$30 bottle but can be had for as little as \$10 (and find out which \$30 bottles aren't worth even \$10!) Proof of age required at class session. 4 Meetings. INSTRUCTOR: Robert Abendroth, Sales Representative of Purple Feet Wines & an experienced wine tasting instructor.

#5550.501 TUE 6-8pm, April 6-27
\$79.50(Student/U.Mem)\$89.50(Fac/Staff)

Tasting the Soul of Morocco

Take a culinary tour of the soul of Moroccan cuisine. Using the Soul of Morocco Travel Adventure Series presentation as our inspiration we will explore the abundance of culinary delights that is Moroccan cooking. Meets at the Goodman Community Center. 1 Meeting. SPECIAL: Sign up for this course and receive a FREE TICKET to the Union Theater's 2010 Travel Adventure Series presentation THE SOUL OF MOROCCO (May 3 or 4, you choose which night). Make it a real travel adventure and save money at the same time! INSTRUCTOR: Sabi Atteyih, former owner & operator of the Casbah Restaurant, master chef and world traveler.

#5520.501WED 6-9:30pm, May 19
\$39.50(Student/U.Mem) \$49.50(Fac/Staff)

Register by Phone

262-3156, 262-5771

Register on the Web

www.wisc.edu/minicourses



Get Crafty

The Wisconsin Union Craftshop

The Craftshop, "where art is a verb," was the first open studio arts facility ever opened in a college union. Located on the fourth floor of Memorial Union, working media include ceramics, woodworking, traditional b&w photography, art metals, stained glass, glass fusing and more. Need instruction, take the Mini Course. Know enough and looking for the space and tools to work, the Craftshop sells access permits by the semester, half-semester and hourly. Facilities maybe shared during class time. Most multi-session courses based in the Craftshop include a permit so you can use the facility outside of class time.

Metal Jewelry Designs

Have your metal jewelry dreams come to life! Learn the skills you need to create beautiful handmade jewelry including bezel setting, riveting, chasing, basic forging, and more. You can make rings, bracelets, pendants, and earrings. Learn finishing techniques including possible demonstrations of jump rings and clasps. Does NOT include casting techniques. COURSE FEE INCLUDES permit for use of facilities outside of class. Additional supply costs depend on project choices. No class 3/30. 5 Meetings. INSTRUCTOR: Alison Warren, UW-Madison art graduate in metalsmithing and enameling.

#6220.501 TUE 6:30-9:30pm, March 16-April 20
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Metal Designs 2

Continue pursuing your metal jewelry dreams! Learn the skills you need to create fancier and more complex handmade jewelry. We will learn stepped bezel pendants and rings plus bails for your pendants. Create a wider range of band rings, pendants and more. Does NOT include casting techniques. COURSE FEE INCLUDES permit for use of facilities outside of class. Additional supply costs depend on project choices. No class 3/31. 5 Meetings. INSTRUCTOR: Alison Warren.

#6221.501 WED 6:30-9:30pm, March 17-April 21
\$99.50(Students/U.Mem)\$109.50(Fac/Staff)

Intro to Lapidary

Lapidary is the art of cutting, polishing or engraving stones. See how you can take a rough rock such as an agate or jasper and turn it into a work of art suitable for incorporating into jewelry. Designed for the beginner and a great complement to your jewelry making. Learn safety and the basic skill techniques to saw, grind, sand, and polish many different types of rock into cabochons. A cabochon is a gemstone which has been shaped and polished as opposed to faceted. The resulting form is usually a convex top with a flat bottom. Successful completion of the course results in certification to utilize the lab during open shop periods. Additional supply cost depends on project(s) and includes some personal protection gear. Meets at the Goodman Community Center. Presented in cooperation with the Madison Gem & Mineral Club. 6 Meetings. INSTRUCTOR: Madison Gem & Mineral Club.

#1900.501 WED 5:15-9:15pm, April 7-May 12
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Jewelry Without Soldering

Go beyond beading and wire-wrapping in this beginning metalsmithing class. Learn many basic yet versatile metalsmithing techniques which you can do at home without a torch set-up. Techniques covered include: sawing, piercing, roller-printing, stamping, riveting and filing. A simple stone-setting option will be demonstrated. Students can expect to leave class with a pendant or a pair of earrings. Make the "cold connection" and register today! Designed for beginners, those with previous metals experience welcome. Project materials kit purchased from Instructor at class (up to \$25, depending on your choice of project). 3 Meetings. INSTRUCTOR: Yuyen Chang, MFA in Art Metals, UW-Madison. Yuyen is an experienced teacher whose artistry has been featured in Metalsmith magazine and selected for national juried shows.

#6224.501 MON 6:30-9:30pm, April 5-19
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Keumboo Jewelry

Keumboo is a traditional Korean technique for adding high karat gold to silver jewelry. Learn this diffusion bonding technique in this hands on class. We will cover techniques to develop and execute patterns in 24K gold foil attached to simple sterling silver forms. Designed for beginners, few fabrication techniques or skills are required to create unique and beautiful jewelry. Those with previous metals experience welcome! Project materials kit purchased from Instructor at class (up to \$25, depending on your choice of project). You will leave class with a simple sterling pendant or a pair of earrings. 2 Meetings. INSTRUCTOR: Yuyen Chang.

#6223.501 MON 6:30-9:30pm, April 26&May 3
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Five Silver Rings

Silver rings upon your fingers - rings you made yourself! Learn basic metalsmithing as you create a variety silver band rings. Explore various designs from wide to narrow, round to square, even forged. We will also learn finishing techniques to make your rings impressive. COURSE FEE INCLUDES permit for use of facilities outside of class. Additional supply costs depend on project choices. No class 3/28 and 4/4. 5 Meetings. INSTRUCTOR: Alison Warren, UW-Madison art graduate in metalsmithing and enameling.

#6222.501 SUN 6:30-9:30pm, March 21-May 2
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Mosaic Jewelry

Learn the art of micro mosaics! We will do a short introductory project to get the hang of cutting and placing mosaic pieces, then will move on to create a mosaic necklace pendant. Create your own unique jewelry piece for a special holiday gift or for yourself. Course fee includes all the supplies needed to do intro project and one pendant. You will leave with the skills and confidence create more and other projects! 1 Meeting. INSTRUCTOR: Megan Cain has taught mosaic workshops for adults, children, families and seniors.

#6275.501 MON 6:30-9:30pm, March 15
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Custom Wood Frames: Create & Frame

Starting with just a few boards you can create beautiful, professional grade custom-made wooden frames. Learn basic woodworking skills as you create your own frame and finish framing a project of your choice. Instruction includes safe use of hand and power tools. We will also work on final framing techniques so you can finish and hang your project. Designed for people with little or no experience, those with previous woodworking experience welcome. Supplies (approx. \$20-\$40+, depending on final project dimensions and wood choice) discussed first class. FEE INCLUDES facility use outside of class time. No class 3/29. 5 Meetings. INSTRUCTOR: Dennis Feggestad, over 20 years experience with woodworking.

#6210.501 MON 6:30-9:30pm, March 15-April 19
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Matting & Framing

Develop your matting and framing skills! Learn to mat, mount and frame your photos, posters and prints. Master the basic skills of design including selecting and cutting beveled mats, mounting artwork, and assembling prefabricated wood and metal frames. And save money now and in the future as you continue to use these skills! Bring a two-dimensional art piece that you want to frame to second class, additional supplies (cost depends on project) discussed first class. FEE INCLUDES Craftshop use outside of class time. No class 4/1. 5 Meetings. INSTRUCTOR: Steve Engle, retired Wisconsin Union Painter who does his own matting and framing.

#6200.501 THR 6:30-8:30pm, March 18-April 22
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Matting Cutting Workshop

Learn to cut mats for your matting and framing projects like a professional! Master the basic skills cutting beveled mats with hands on practice. We will also review measurement and design essentials. Then save money, now and in the future, as you continue to use your new skills! 1 Meeting. INSTRUCTOR: Steve Engle.

#6205.501 TUE 6:30-8:30pm, April 27
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

More Craftshop Courses

See next page!

More Craftshop

Intro to Wheel Pottery

It is as much fun as it is therapeutic! Discover the magic of wheel pottery. Create bowls, mugs, vases and more as you learn basic wheel techniques, hand pulling and glazing techniques. Additional materials and recommended tools discussed at first class (approx. \$25-\$60, avail. at Craftshop). First class session may run 15 to 30 minutes over. FEE INCLUDES permit for facility use outside of class. No classes 3/29 - 4/4. 5 Meetings. INSTRUCTORS: (501, 502, 504) Ira Slatter, practicing ceramic artist with a variety of teaching experiences, (503) Gloria VanDixhorn, accomplished professional potter with tons of teaching experience who sells through galleries and art fairs.

#6060.501 SUN 6:00-8:30pm, March 14-April 25
#6060.502 MON 6:30-9pm, March 15-April 19
#6060.503 TUE 6:30-9pm, March 16-April 20
#6060.504 THR 6:30-9pm, March 18-April 22
\$109.50(Student/U.Mem) \$119.50(Fac/Staff)

Continuing Wheel Pottery

Strengthen and expand your basic throwing skills. Take your ceramic artistry to the next level as we focus on control and technique. Learn to create lidded vessels, develop new finishing techniques and create your own ceramic aesthetic. Perfect for those just finishing Intro to Wheel Pottery or with some previous throwing experience who want to further advance their skills. COURSE FEE INCLUDES PERMIT FOR FACILITY USE OUTSIDE OF CLASS. Cost for additional supplies (clay, \$25 or more) depends on projects. No class on 3/31. 5 Meetings. INSTRUCTOR: Gloria VanDixhorn.

#6080.501 WED 6:30-9pm, March 17-April 21
\$109.50(Student/U.Mem) \$119.50(Fac/Staff)

Prairie Style Leaded Stained Glass

Return to the roots of stained glass artistry as you construct a simple lead came project. Learn how to accurately break glass, fit the glass into the came, then solder and glaze the glass into place. All the basics covered in this course designed for beginners, those with some experience welcome! COURSE FEE INCLUDES access to facility outside class time. Additional supply cost depends on project chosen. NO class 4/1. 5 Meetings. INSTRUCTOR: Carol Giffin teaches nationally, enjoying stained glass since 1998.

#6252.501 THR 6:30-9:30pm, March 18-April 22
\$99.50(Student/U.Mem)\$109.50(Fac/Staff)

Hypertufa Garden Pottery

You can make your own garden planters! And do it really inexpensively, too. If you liked mud pies as a kid, you will love making Hypertufa pottery. Hypertufa is a lightweight concrete that you can easily form into planters, birdbaths, stepping stones, even sculpted statues. We will go over the basic recipe and techniques for making pots and planters. You will create and take home your own garden project. Course fee includes all supplies for a small to medium garden planter. 1 Meeting. INSTRUCTOR: Kris Rasmussen is a UW-Madison grad and owner of the Wisconsin Artisans Gallery in Merrimac.

#6300.501 SAT Noon-2pm, April 17
#6300.502 WED 7-9pm, April 28
\$34.50(Students/U.Mem)\$44.50(Fac/Staff)

Mosaic Garden Stepping Stones

Create beautiful garden stepping stones. Imagine your garden with stepping stones you created yourself! Learn the basic techniques for creating custom, decorative stepping stones that incorporate a mosaic design. Course fee includes all the supplies needed to create one stone. You will complete one stone this one-session course and have all the skills you need to create as many more as you want. Join us for a fun and creative workshop! 1 Meeting. INSTRUCTOR: Megan Cain has taught mosaic workshops for adults, children, families and seniors.

#6310.501 MON 6:30-9:30pm, March 22
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)



Designs in Wood

Adirondack Chair

Learn how to build your own Adirondack Chair as you learn basic techniques for working with wood. Both hand tool and machine skills taught as you learn the design and construction of this classic chair. Makes an incredible gift but this chair is so great you may want save it to use it yourself and give the next one you build to someone! COURSE FEE INCLUDES access to facility outside class time. Additional supply costs depends on wood chosen. No class 3/30. 5 Meetings. INSTRUCTOR: Christopher Jungbluth, custom furniture maker.

#6340.501 TUE 6:30-9:30pm, March 16-April 20
\$119.50(Students/U.Mem)\$129.50(Fac/Staff)

Basic Woodworking

Learn basic woodworking procedures and safe operation of hand and power tools while building a Parsons-style table. Designed for people with little or no experience and to help you learn all the basic techniques you need to know to continue woodworking on your own. Wood supplies (approx. \$40-\$80+, depending on final project dimensions and wood choice) discussed first class. Alternate project is possible at Instructor's discretion. FEE INCLUDES PERMIT FOR FACILITY USE OUTSIDE OF CLASS. Finishing project may require time outside class. Facilities shared during class time. No class 3/31. 5 Meetings. INSTRUCTOR: Merlin Luschen, a self-taught custom furniture builder.

#6350.501 WED 6:30-9:30pm, March 17-April 21
\$119.50(Students/U.Mem)\$129.50(Fac/Staff)

Turning Wood Bowls & Spindles

Make wooden bowls, spindles for lamps or other furniture parts, and more as you learn wood turning and all the techniques you need to safely operate the lathe. Primarily lecture/demonstration, however, participants encouraged to work on the project of their choice. Some previous woodworking experience and use of power tools expected. COURSE FEE INCLUDES access to facility outside of class time and woodshop equipment surcharge. Attendance at first class required. 4 Meetings. INSTRUCTOR: Fernando Vilchis, an engineer who enjoys lathe work, has taught lathe courses for over 18 years.

#6380.501 SUN 11am-1:15pm, April 11-May 2
\$99.50(Students/U.Mem)\$109.50(Fac/Staff)

Woodworking Unplugged

Discover the art of woodworking entirely by hand! Use hand tools to create a 4-legged bench for your home or apartment. Work with an Instructor trained in traditional Norwegian techniques in the barn where he is building a Stabbur - a traditional farm building of Norway. Working in teams, learn material selection, hand tool usage, shaping techniques, and bench construction basics. Course fee includes all materials - You will finish the course with your own rustic bench. Meets approximately 20 minutes west of Madison, provide own transportation to meeting location, directions at registration. 2 Meetings. INSTRUCTOR: Nels Diller, woodworker with 30 years experience who studied lofting in Norway in 2005 and 2006.

1950.501 SAT 9am-Noon, April 17&24
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

A Photo Op

Understanding Your Digital Camera

Are you confused by all the terms used in digital picture taking? Pixels, resolution, compression, jpeg, etc.? Do you know your digital camera can take better pictures than you are getting? We will explain and simplify the technical features of your camera. Learn the how, when and why to chose, use and control your camera's functions. A basic camera operation course primarily for those with digital Point & Shoot cameras. Course size kept small so you get plenty of individual attention! 4 Meetings. INSTRUCTOR: Bruce Heisler, experienced photographer and Instructor.

#6730.501 THR 6:30-8:30pm, April 8-29
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Digital Photography 101

Your digital camera works fine as a "point and shoot" but you want to make even better pictures. Learn how in this class designed for the new digital photographer. We will look at photo basics with the digital camera in mind. Understand your camera better as the nifty tool it is and then get beyond the basics to get the picture your mind's eye sees. Includes basic printing techniques so you can showcase your great new photos. You can become smarter than your camera and take great pictures! Bring camera to first class. 3 Meetings. INSTRUCTOR: Gene Staver, over 30 years experience as a professional photographer.

#6740.501 MON 6-9pm, April 12-26
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Digital Photography 102

Advanced concepts to help you become a better photographer no matter what the subject. Starting with a quick review of important basics, we will go on and cover histograms, "Expose to the Right," Perspective, and 8 other ways of getting the exposure correct on your first shot. Completion of Digital 101 or equivalent assumed. Bring your camera to all classes. 3 Meetings. INSTRUCTOR: Gene Staver..

#6744.501 WED 6-9pm, April 7-21
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Old School Photography

Traditional "old school" black and white photography offers you a great best chance to play and express yourself. Learn traditional and experimental approaches to this great art form. Designed for newbie film photographers who got a new Holga as a gift or inherited a old 35mm SLR and want to put it to work. Learn how to develop your own film (35mm or 120), print using an enlarger, how to use filters, experiment with double exposures, dodge and burn. Don't have a camera but interested - PopDeluxe (State St.) is offering a 20% discount on the inexpensive and fun Holga camera. Go "old school" - register today! No class 3/29. 4 Meetings. INSTRUCTOR: Heidi Johnson, professional photographer who plays on the artsy side of photography.

#6620.501 MON 7-9:30pm, March 15-April 12
\$89.50(Students/U.Mem)\$99.50(Fac/Staff)

Digital Images/Photoshop

A solid introduction to Photoshop Elements and similar software. From touch-ups of your digital photos to wild and contrived images, learn to scan-in, alter, or digitally create an image from scratch in this hands-on workshop. Add text to your image, play with contrast levels and color inversion, create layers, isolate images, and more. Hands on course work done on IBM-PC notebooks (provided), or bring your own laptop computer. No class 3/30. 5 Meetings. INSTRUCTOR: Steve Engle, retired Wisconsin Union Painter who enjoys digital image alteration and has taught this class for over six years.

#9860.501 TUE 6-9pm, March 16-April 20
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Macro Photography

Take great pictures of little things: wildflowers, insects, jewelry, and more! An introduction to the basics of macro photography from equipment needed to fundamental techniques and methods. Applicable to both digital and traditional photography. Second session is a weekend photo field trip to Instructor's property near Portage, WI. Date and time scheduled in class. Here we will concentrate on technique plus dealing with issues like lighting, wind, and how to find interesting subjects. Car pooling discussed in class. Basic understanding of photography and camera operation strongly recommended. 1 Meeting plus weekend field session. INSTRUCTOR: Gene Staver, professional photographer who loves taking big pictures of little things.

#6680.501 THR 6-9pm, April 22 plus Field Session
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

The Digital SLR System

Advances in Digital Single Lens Reflex (DSLR) camera systems have made digital photography accessible, fun and endlessly creative. Whether you are thinking of buying or have already taken the plunge we will discuss exactly what features, capabilities and images you will be able to get with DSLR system (camera and lenses). We will review over 14 different areas where getting a DSLR could be either better, the same, or worse than what you have now. And the right lens is a key to getting your best photo results. Buying new or additional lens can be confusing given the variety and choices available. Figure out what you need, how to buy (new or used?), how to determine quality and more. We will cover various lens types including fish eye and tilt and shift lenses, plus accessories like hoods and collars. Includes the opportunity for you to play - hold and test many types of lenses. 2 Sessions. INSTRUCTOR: Gene Staver has over 30 years experience as a professional photographer and instructor and is now shooting high-end digital images with three SLR's and more than 25 lens.

#6770.501 THR 6-9pm, April 8&15
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Photo Portraits

Make your people pictures really pop! We will explore photographic portraiture techniques, composition and lighting all to help you take great photo portraits. Explore body language, lenses and perspective and the importance of lighting. Starting with outdoor portraits and moving indoors, we will look at different lights and arrangements of lights. Learn how inexpensive accessories can add to your overall effect. Bring a guest and complete a real photo portrait on a weekend field trip. Here you will have the opportunity to practice what you have learned and try out some of the Instructor's equipment and many portrait lenses. Weekend session, date and time determined in class, meets at Instructor's home approx. 40 minutes north of Madison. Car pooling discussed in class. Assumes basic camera handling knowledge. Course is applicable to both 35mm and digital photography. 2 Meetings plus field session. INSTRUCTOR: Gene Staver.

#6560.501 TUE 6-9pm, April 6&13, plus Field Session
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Scenic/Travel Photography

Come home from your travels with much better pictures! Great ready for a great summer of photos. Capture what you saw on your scenic vacation. A review of the fundamental approaches and how to avoid the most common errors are presented. Some advanced picture taking methods are explored also. Applicable for both traditional and digital photography.

Basic understanding of photography and camera operation expected. 3 Meetings. INSTRUCTOR: Bruce Heisler, experienced photographer and Instructor.

#6570.501 TUE 6:30-8:30pm, April 6-20
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Digital Photography - Shooting RAW

There is a lot of buzz about shooting your digital photos in the RAW mode. But who should be shooting RAW and why? What are the advantages and disadvantages of creating digital photos in this format? Are there specific situation that call for using RAW? Explore the many myths of RAW, its uses, and whether it is a format for you to use. Includes a review of many examples and a wide range of opinions collected by the Instructor from other professionals. 1 Meeting. INSTRUCTOR: Gene Staver.

#6650.501 WED 6-9pm, March 17
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Selling Your Photography

Ready to start marketing your photography? An introduction to all that is involved in selling your photographs to others for use in their publications/productions. Learn how to look professional, talk the talk, and walk the walk from the beginning so that publishers will consider using your work. We will cover initial contacts, record keeping, submissions and all the fine print involved in selling the use of your photos. Applicable to both traditional and digital photography. Bring a few of your photos for evaluation of their potential and tips on where to get started selling your photos. 1 Meeting. INSTRUCTOR: Gene Staver.

#6670.501 TUE 6-9pm, April 20
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Wild Bird Photography

You can capture those special wild bird photos. Learning some simple tricks and good photographic technique can net you stunning bird photos! Work with a professional, in the field, exploring the various options for capturing them with your camera - digital format or traditional film. Meets in the field for the opportunity to use and practice with Instructor's equipment, including some of the best available. Meets at Instructor's property (approx. 1 hr. north of Madison). Some previous experience/ understanding of the photo picture taking process expected. 1 Meeting. INSTRUCTOR: Gene Staver has been characterized by several editors as perhaps Wisconsin's best nature photographer and has taken pictures of rare birds that required expert identification.

#6775.501 SUN Noon-5pm, May 2
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Hands On Artistry

Mother & Adult Daughter Creating Together

Mothers and daughters love to create together. This is a playful and easy class and makes a great Mother's day gift. We will paint on glass or tile, needle felt a heart shaped pin with colorful wool roving and create collage note cards. Open to anyone, no art experience needed, but a playful spirit is a must. Please bring a dinner size, smooth clear glass plate, vase, goblet or jar to paint and small paint brushes if you have them. Course fee is per person. \$5 material fee to instructor. 1 Meeting. INSTRUCTOR: Nancy Welch has a degree in graphic design and teaches playful art classes.

#3636.501 THR 6-9pm, May 13
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Art Conservation Introduction

We will explore this new and exciting field, looking at the basic principles and theories of conservation, including the recent restoration of the Sistine Chapel. Other topics will include care of cultural property, requirements for admission to the graduate programs in the United States, and the related fields of chemistry, art history, and studio arts. Please bring a notebook and pen/pencil. 4 Meetings. INSTRUCTOR: Tony Rajer is a professional art conservator trained at Harvard University, University of London and the University of Rome and has served as Madison's Capitol art conservator.

#1100.501 TUE&THR 7-9:30pm, April 27-May 6
\$39.50(Student/U.Mem)\$49.50(Fac/Staff)

One-on-One Instruction

See Page 30.

Papermaking by Hand

You can make your own beautiful papers for stationary, cards, books and more. We will explore the basic techniques for making paper, in your home, without a lot of specialized equipment. Learn how to create handmade papers, adding decorative materials to your papers and more. Short supply list at registration, additional supplies discussed first class. 5 Sessions. INSTRUCTOR: Sarah Plummer (saraheplummer.com) is a graduate of Xavier University and recently completed her MFA at UW-Madison in printmaking, book arts and paper-making.

#1240.501 WED 6:30-8:30pm, April 7-May 5
\$89.50(Students/U.Mem)\$99.50(Fac/Staff)

Handmade Beaded Mat

Learn to handcraft your own beaded mat. Traditionally made for covering the "in use" cream pitcher, these useful mats traditionally have a beautiful and ornate design. Create one of yester-year's finest handmade treasures, a unique and one-of-a-kind treasure to keep or gift. Contact instructor for a list of supplies and to chose pattern geared to your taste. Patterns provided are extremely difficult to come by, as they were produced by a now defunct company. Crochet knowledge a must! 3 Meetings. INSTRUCTOR: Liz McConkey, teacher and experienced sewing expert.

#1655.501 TUE 6-9pm, April 6-20
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Intro to Lapidary

Lapidary is the art of cutting, polishing or engraving stones. See how you can take a rough rock such as an agate or jasper and turn it into a work of art suitable for incorporating into jewelry. Designed for the beginner and a great complement to your jewelry making. Learn safety and the basic skill techniques to saw, grind, sand, and polish many different types of rock into cabochons. A cabochon is a gemstone which has been shaped and polished as opposed to faceted. The resulting form is usually a convex top with a flat bottom. Successful completion of the course results in certification to utilize the lab during open shop periods. Additional supply cost depends on project(s) and includes some personal protection gear. Meets at the Goodman Community Center. Presented in cooperation with the Madison Gem & Mineral Club. 6 Meetings. INSTRUCTOR: Madison Gem & Mineral Club.

#1900.501 WED 5:15-9:15pm, April 7-May 12
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Drawing - Using the Right Side of the Brain

Unleash the inner artist and release the inner critic. Learn the basics of drawing and advance your ability. Create line variations, spatial depth, volume, composition, texture, light and shadow. Learn to really see what you are looking at. We will use free form exercises and playful perception shifting games while having of fun as we practice drawing a wide range of subjects like flowers, fruit and nostalgic objects. Become more aware of how your brain really works. See how to easily shift towards being a more keen observer and a truly responsive creative person. Add supply cost. No class 4/1. 5 meetings. INSTRUCTOR: Jeremy Anacker, experienced instructor with a BFA from UW-Madison and private art school training.

#1320.501 THR 6-9pm, March 18-April 22
\$69.50(Students/U.Mem)\$79.50(Fac/Staff)

Watercolor Painting for All Levels

Whether you're just starting out or want to refine your watercolor skills, join us as we explore various painting styles and develop our own! Choose your subject matter and incorporate various watercolor techniques such as washes, glazing, brush handling, color theory, and textural effects--all in a fun and relaxed atmosphere. Additional supply cost. No class 3/30. 4 Meetings. INSTRUCTOR: Luci Shirek, accomplished landscape, floral and house portrait artist with a BFA from UW-Madison.

#1350.501 TUE 5:30-8:30pm, March 16-April 13
\$59.50(Students/U.Mem)\$69.50(Fac/Staff)

Watercolor Painting - Textures Workshop

Spend a relaxing day incorporating texture into your watercolor paintings! Learn how masking, scraping, splattering, monoprinting, and using salt or plastic wrap can enhance your artwork as you create one large painting, several small works or notecards. The workshop will be filled with technical info, demonstrations, individual instruction, and lots of time to paint. Bring along or choose your own subject matter: photos, book references, or still lives. All texture supplies included, add basic supply cost. Beginners welcome! 1 Meeting. INSTRUCTOR: Luci Shirek, accomplished landscape, floral, and house portrait artist with a BFA from UW-Madison.

#1360.401 SAT 9am-4pm, March 6
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Woodworking Unplugged

Discover the art of woodworking entirely by hand! Use hand tools to create a 4-legged bench for your home or apartment. Work with an Instructor trained in traditional Norwegian techniques in the barn where he is building a Stabbur - a traditional farm building of Norway. Working in teams, learn material selection, hand tool usage, shaping techniques, and bench construction basics. Course fee includes all materials - You will finish course with your own rustic bench. Meets approximately 20 minutes west of Madison, provide own transportation to meeting location, directions at registration. 2 Meetings. INSTRUCTOR: Nels Diller, woodworker with 30 years experience who studied lofting in Norway in 2005 and 2006.

1950.501 SAT 9am-Noon, April 17&24
\$109.50(Students/U.Mem)\$119.50(Fac/Staff)

Prairie Style Leaded Stained Glass

Return to the roots of stained glass artistry as you construct a simple lead came project. Learn how to accurately break glass, fit the glass into the came, then solder and glaze the glass into place. All the basics covered in this course designed for beginners, those with some experience welcome! COURSE FEE INCLUDES access to facility outside class time. Additional supply cost depends on project chosen. NO class 4/1. 5 Meetings. INSTRUCTOR: Carol Giffin teaches nationally, enjoying stained glass since 1998.

#6252.501 THR 6:30-9:30pm, March 18-April 22
\$99.50(Students/U.Mem)\$109.50(Fac/Staff)

Register by Phone

262-3156, 262-5771

Register on the Web

www.wisc.edu/minicourses



FABRICated

Upholstery Basics

Learn skills to upholster or reupholster a custom piece of furniture. In this small project class we will cover tools, materials, techniques, sewing and fabric choice. Includes basic techniques to get you started AND save you money down the road. Basic boxed cushion skills stressed. 5 Sessions. INSTRUCTOR: Laura Turner, experienced sewer and upholsterer with a wide variety of past projects.

#1940.501 SUN 6-9pm, April 11-May 9
\$99.50(Students/U.Mem)\$109.50(Fac/Staff)

Needle Felting With Wool

Using colored wool roving (wool before it is spun into yarn) and a barbed needle, create art onto most fabrics for a decorative pin, colorful artwork, fabric embellishments and 3 dimensional objects. This is a simple and relaxing art form for all ages that is finding a new revival. Also makes a great gift. \$5 material fee includes needles, wool fabric and wool roving. 1 Meeting. INSTRUCTOR: Nancy Welch.

#1505.501 THR 6-9pm, March 25
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Simple Silk Scarf Dyeing/Painting

Come create silk scarves for great gift giving ideas. We will use easy techniques to dye with papers and paint with dye/paint materials for beautiful silk scarves. You will create two scarves in this class. No art background necessary. Bring an art smock or apron, rubber gloves and enjoy and evening of fun. \$8 material fee. 1 Meeting. INSTRUCTOR: Nancy Welch, has a degree in graphic design and teaches playful art classes.

#1540.501 THR 6-9pm, May 6
\$34.50(Students/U.Mem)\$44.50(Fac/Staff)

Pounded Flower Art

Come hammer flower petals and leaves onto cotton linter, watercolor paper and fabric for the most beautiful and magical transfers. You can make them into note cards, book marks or framed art by using the original art or making color copies. You can also scan the art and use transfers for permanent art onto clothing, hats, drapes, quilts or whatever you can dream up. These make great gifts. No art background needed, just come create. Bring a small hammer, earplugs, a small smooth board (6" x 8" or so is fine) if you have them. \$5 material fee for paper, fabric and paints. 1 Meeting. INSTRUCTOR: Nancy Welch.

#1555.501 THR 6-9pm, May 27
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Sewing 101: Let's Sew

Have you always wanted to learn to sew or brush up on your sewing skills? If so, this is the class for YOU! We will go over sewing machine and tool basics, get familiar with seams and interfacings, learn pattern reading, and make a mini tote bag. This class is designed to be very user friendly and tailored to meet your basic sewing needs. Supply list available upon registration. Sewing machines are provided, but feel free to bring your own. Sec. 501, no class 4/1. 2 Meetings. INSTRUCTOR: Laurie Stephens Vance has a BS in Art Education. She loves to sew and enjoys teaching others this skill.

#1680.501 THR 7-9:30pm, March 25&April 8
#1680.502 THR 7-9:30pm, April 22&29
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Sew Right

Sewing is a practical and fun hobby with which you can create a variety of garments, bags and more, all while showing your creativity. We will begin with hand sewing, hemming, sewing buttons, and the basics of ironing. We will then work on two projects: a small instructor-chosen project and another of your own choice. Sewing machines provided, but feel free to bring your own. If using a Mini Course sewing machine, please come at least fifteen minutes in advance. Knowledge of sewing basics required. Contact Instructor with questions. No class 3/29. 5 Meetings. INSTRUCTOR: Liz McConkey, teacher and experienced sewing expert who wants to share this fun hobby with you!

#1675.501 MON 6-9pm, March 15-April 19
\$79.50(Students/U.Mem)\$89.50(Fac/Staff)

Student Discount!

**Current UW Students
take 25% off the cost
of registration for ANY
Mini Course! Enter coupon
code QUARTEROFF at
registration. Experience
Mini Courses for less!**

A New U!

Make-Up from A to Z

If you enjoy being feminine and want to know if you are using the right make-up products for you or want to improve your applying technique, then this is the course for you. Provides you with complete and clear information about how you can look your best. You will learn it and then apply it during the last meeting. Helpful handbook is included with the course fee (A \$10 value!). 3 Meetings. INSTRUCTOR: Tania Ficachi Martinez has a Bachelor degree in Fine Arts and has worked as a portrait and make-up artist since 2000.

#3155.501 SAT 10am-1pm, April 10-24
\$49.50(Students/U.Mem)\$59.50(Fac/Staff)

Aura Energy Clinic

Learn how to improve your physical, mental, and spiritual energy through aura massage! Through information, awareness, and simple techniques you can set yourself at ease. A topic worth exploring and experiencing! You will receive intuitive insights, a sketch of your energy self and an aura anatomy book that the instructor helped illustrate. Course fee includes: "The Nature of Auras" by Larry Borth (a \$10 value). 2 Meetings. INSTRUCTOR: Jeremy Anacker is an energy seer, Reiki Master, and the co-founder of a non-profit specialty school.

#3292.501 MON 7-9pm, April 12&19
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

The Organized Office

Frustrated by disorganization at work? This former international shipping director can save your bacon. Whether you work in a home office, cubicle, or anywhere else, you can be on top of your work life and get more money and fun from it, too. Not to mention a happier and probably longer life. Learn systems to: Tame your in-box. Master calls, contacts, and paper flow. Keep current with paperwork and tax records. Be on time, before deadline, and up to date, effortlessly. Achieve your career goals. Have more time for family and vacations. Rita has organized conferences, festivals, school districts, and law offices. Now she offers you a 6 hour course with personal attention and customized solutions. Save yourself time, money, and missed opportunities. Sign up now while it's still on your mind. 2 Meetings. INSTRUCTOR: Rita Horvath has organized, redesigned, and staged homes and offices since 2004. She has a business degree in enterprise development. www.naturally-organized.com

#3360.501 TUE 6-9pm, April 6&13
\$34.50(Student/U.Mem) \$44.50(Fac/Staff)

Transformational Self Talk

"As you think so you are." Connect with this perception and find real ways to help make it work for you. Using guided facilitation, visualizations, exploration of the nature of thought and writing exercises we will focus our innate authentic self on creating a transformed life. Challenges will be introduced that excite both your imagination to create a new life and the very best that you can be in the world. Let this class be the starting place for living this process. No class 4/14. 2 Meetings. INSTRUCTOR: Jeremy Anacker.

#3311.501 WED 7-9pm, April 7&21
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Tapping Away Negativity

Be free of anxiety, worry, stress and more. The residue from negative thinking and emotion sits in our energetic meridians. These are found all along the human body. As the natural flow of the life force energy becomes impeded we can reinvigorate these flows. These energetic meridians correspond with the points that are used in traditional Chinese medicine. Empower yourself with some basic self applied techniques that are helping countless people from around the world. Gift yourself with knowledge affirmative power and your ability to apply intentional will. It is time for you to no longer be a victim to internal states that undermine your life progress. 1 Meeting. INSTRUCTOR: Jeremy Anacker.

#3312.501 WED 6:30-8:30pm, March 17
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Turn Your Talents Into Income

See Page 32.

How to Thrive In Work-Tirement

The sudden downturn in the economy, increased unemployment rates and the competitive multi generation workforce will force Baby Boomers to work longer and delay retirement plans. This session will explore how Boomers will be re-defining their Golden Years and what methods they will be using to prepare for this new reality: "Work-Tirement". Re-Careering, professional development and financial strategies as well as resource tools for making lifestyle changes will be highlighted in this real world interactive program. 1 Meeting. INSTRUCTOR: John Vardallas is dedicated to helping his boomer generation reach their potential and make a difference.

#3435.501 WED 6:30-8:30pm, April 7
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

One-On-One Instruction

Get individual instruction, just you and the Instructor, in whatever direction you want to go. Let our experienced artist and teacher help you grow your own artistry with private instruction. Sessions conducted in the Memorial Union Craftshop facility when appropriate. Schedule (all one session or multiple times totaling three hours) arranged with Instructor. Option of additional hours possible after initial session(s). 3 hours of one-to-one instruction.

Pottery/Ceramics

INSTRUCTOR: Gloria VanDixhorn, accomplished ceramic artist and teacher whose work is available in a variety of local galleries.

#6001.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Glass Fusing/Kiln Formed Glass

INSTRUCTOR: Kristy Sly, accomplished kilnformed glass artist whose work is available in a variety of galleries nationwide.

#6003.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Woodworking

Best suited for people who have already taken Basic Woodworking or have a basic familiarity working in a woodshop. Can help with specific woodworking challenges like a special project, hand tool use and sharpening, joinery (mortise and tenon, dovetailing), advanced machine use/maintenance or similar tasks. Sessions conducted in the Memorial Union Craftshop facility. **INSTRUCTOR:** Chris Jungbluth, accomplished custom furniture builder and experienced Instructor.

#6005.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Wood Turning/Lathe

Grow your own wood turning artistry and ability with private instruction. Works best, but not limited to, those with some previous lathe experience. Sessions conducted in the Memorial Union Craftshop facility or scheduled elsewhere by mutual agreement. **INSTRUCTOR:** Fernando Vilchis, works as an engineer, has taught lathe courses for over 18 years.

#6004.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Photography

Possible areas could be: proper settings for your camera, buying that new, or better, digital SLR, portraits, sports, weddings, wildlife, macro, scenery, travel and how to work with your photos in your computer. **ONE 3 HOUR private, one-on-one session in the field using your camera and also the instructor's extensive array of equipment. Schedule to fit your availability.** **INSTRUCTOR:** Gene Staver has over 30 years of professional photo experience, 18 years of teaching experience, and is a widely published and recognized photographer.

#6006.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Digital Camera

Let our former professional camera salesperson and experienced instructor help you really understand the power of your camera and improve your photography in the process. Work at any level, on most any camera-related subject, it's up to you. Does not include photo-editing, post shooting/computer manipulations. **INSTRUCTOR:** Bruce Heisler, experienced photographer and instructor.

#6007.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

B&W Darkroom

Let our professional photographer help you improve or add to your traditional photography skills. Uses the Craftshop's facilities. Scheduled according to facility availability. **INSTRUCTOR:** Heidi Johnson works as a professional photographer and darkroom technician. She loves sharing the darkroom experience with others.

#6008.501 Schedule with Instructor
\$99.50(Student/U.Mem) \$109.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Family Time

Kung Fu for Kids! (Ages 4-7 & 8-12)

No previous martial arts experience necessary. Learn the movements of the tiger, leopard, crane, snake and dragon! Includes kicking, punching, blocking and more. Have fun as you learn the principles of respect, self-control and self-discipline from black-belt instructors. Parents can enjoy downtown shopping during class! 4/6 Meetings. INSTRUCTORS: Villari's Martial Arts instructors.

Ages 4-7

#9310.501 SAT 9:30-11am, April 17-May 8
\$49.50(Student/U.Mem)\$59.50(Fac/Staff)

Ages 8-12

#9315.501 TUE & THR 4-5pm, April 6-22
\$49.50(Student/U.Mem)\$59.50(Fac/Staff)

Exploring Pottery – Parent & Child (Ages 8+)

Have fun exploring pottery with your child. Learn basic wheel throwing techniques and finishing/glazing skills as you work on a joint projects or side-by-side. Let our experienced Instructor help you have fun learning and working together! COURSE FEE includes access to facility outside class time. Additional materials and recommended tools discussed first class, approx. \$12-\$40. Course fee is for one parent and one child. Sec. 501, no class 3/28 & 4/4. 5 Meetings. INSTRUCTOR: Gloria VanDixhorn, accomplished professional potter with tons of teaching experience who sells through galleries and art fairs.

#9600.501 SUN Noon-2pm, March 14-April 25
\$139.50(Students/U.Mem)\$149.50(Fac/Staff)

Creatures in Clay – Parent & Child (Ages 7+)

Let your creativity soar as you work together creating your clay creature. Learn basic ceramic handbuilding skills as you design and construct your beast or beauty. The Craftshop will fire your creature and you can return, on your schedule, to paint the finished creation. Fee includes all supplies. Course fee is for one parent and one child. 1 Meeting. INSTRUCTOR: Gloria VanDixhorn, accomplished professional potter with tons of teaching experience who sells through galleries and art fairs.

#9610.501 SUN Noon-2pm, May 2
\$29.50(Students/U.Mem)\$39.50(Fac/Staff)

Mother & Daughter Creating Together

See Page 26.

Reading Fluency Strategies (Parent & Child, Ages 10+)

Improve your reading skills while improving comprehension. Understand and address your strengths and struggles using visual skill assessments, video reading-eye observations, and a set of expanding reading aerobic exercises. Learn to expand basic phonic, sight-words, multi sensory text spans and visual text recognition skills. Build better oral and silent reading skills. For parents, teachers and reading-age children whether or not reading is easy. Course fee is for one parent and one child. 6 Meetings. INSTRUCTOR: Ed Lucas, retired social worker and teacher with an interest in vision and reading skills and who has experienced the struggles of dyslexia first hand.

#3227.501 MON&WED, 5-7pm, April 5-21
\$69.50(Student/U.Mem) \$79.50(Fac/Staff)

Speed Reading Aerobics (Parent & Child, Ages 10+)

Are you spending more time than you would like reading that textbook or novel? You can learn to read faster than you ever thought possible while maintaining the same level of comprehension. Learn to see and recognize word clusters faster than you can say or think them. You could potentially double or triple your reading speed! Course fee is for one parent and one child. Designed to improve reading speed and/or for teachers or parents looking for new ways to teach reading. 6 Meetings. INSTRUCTOR: Ed Lucas.

#3221.501 MON&WED, 7-9pm, April 5-21
\$69.50(Student/U.Mem) \$79.50(Fac/Staff)

Money Matters

Inexpensive Home Decorating

Having trouble making your decorating vision a reality? Allow a choreographer (and professional redeigner) to share the trade secrets for decorating and design with you. All it takes to succeed is knowing the key secrets. For instance, colors look different at home than in the store and knowing what to do about it makes all the difference to your project. Learn the techniques to: Be your own decorator. Create a home where all the elements - colors, fabrics, textures, lighting, arrangements, and spaces - work together to reflect your personal style and vision. Make major changes for much less than you might think, using whatever you already have. This is a 6 hour course with personal attention and customized solutions. Save yourself lots of time and money your answers are waiting for you. Sign up now while it's still on your mind. 2 Meetings. INSTRUCTOR: Rita Horvath has organized, redesigned, and staged homes and offices since 2004. She has a business degree in enterprise development. www.naturally-organized.com

#3370.501 TUE 6-9pm, March 16&23
\$34.50(Student/U.Mem) \$44.50(Fac/Staff)

Home Buyers' Workshop

Graduate from renter to owner! Prepare yourself for homeownership and discover the secrets of successful home buying, including budgeting, loan pre-qualification, inspection, closing, and other important steps. Find out how to buy for zero down! Get tips on finding the perfect home and neighborhood. Learn about contracts and negotiations involved with home buying as well as inspections, tests and home warranties. All participants will receive a complimentary purchase analysis and homebuyer's kit. Feel comfortable and confident with becoming a homeowner! 1 meeting. INSTRUCTOR: Erica Laughlin is an Accredited Buyer Representative and Owner of Foundation Realty, LLC.

#3540.401 WED 6-8pm, March 24
\$19.50(Student/U.Mem)\$29.50(Fac/Staff)

Student Discount!

Current UW Students take 25% off the cost of registration for ANY Mini Course! Enter coupon code QUARTEROFF at registration. Experience Mini Courses for less!

Basic Wills

Learn the basics of estate planning and whether you can use the Wisconsin Basic Will. Discussion of wills, trusts, probate and non-probate property, marital property and other subjects related to estate planning. Includes this session on campus plus one individual, personalized, 30 minute meeting with the instructor at her office (to be scheduled at the first session). 1 Meeting plus individual session. INSTRUCTOR: Juscha Robinson, a partner at Herrick & Kasdorf, LLP, focusing on estate planning.

#3560.501 MON 6:30-9pm April 19
\$34.50(Student/U.Mem)\$44.50(Fac/Staff)

The ABC's of Wills, Trusts & Probate

Estate planning is not just for the famous and wealthy, it is for everyone! Create your own documents, update an existing estate plan, or advise aging parents. Focus on three important things: planning for illness, death, and taxes. Learn basic terminology and how to complete wills and other important documents. Topics include: the role of your personal representative; nominating a guardian if you have children who are minors; the difference between non-probate and probate property; how wills and trusts differ; the purpose of a power of attorney and living will; and when to be concerned about estate taxes. Your will also receive the option of instructor's legal services at a discounted price. 1 Meeting. INSTRUCTOR: Melinda Gustafson Gervasi, a college lecturer and attorney who specializes in estate planning and probate issues.

#3565.501 TUE 7-9pm, April 27
\$34.50(Student/U.Mem)\$44.50(Fac/Staff)

Turn Your Talents Into Income

Turn your passion into profit! Go from idea to enterprise. Whether you are looking to create some side income or wanting to launch a business, come explore the possibilities. We will brainstorm income producing ideas, identify our talents and transferable skills, examine potential markets and learn the basic steps to launching your own venture. Resources, information, interactive learning and take home materials included. Take the leap, register today! 2 Meetings. INSTRUCTOR: Dee Relyea owns Career Life Coaching, LLC and teaches for the UW Small Business Development Center.

#3840.501 WED 6:30-8:30pm, April 14&21
\$34.50(Student/U.Mem)\$44.50(Fac/Staff)

New Learning

Creating Dialog in Presentations

Energize your presentations by creating a dialog with your audience. Whether it's making a presentation to a board, leading a meeting, facilitating a discussion or teaching adults, the principles and practices you learn in this course will help you create an interactive, learn-from-each-other, environment. Look at what dialog really is and how to create a space for it. Put dialog in your presentations and you will discover that you learn as much (and maybe more) as your audience! 1 Session. INSTRUCTOR: Jay Ekleberry, Director of WI Union Mini Courses, certified Master Trainer.

#3980.501 TUE 6:30-9pm, April 27
\$19.50(Student/U.Mem)\$29.50(Fac/Staff)

Questions Made Powerful

We know the question we ask determines the answer we get, but how often do we pay attention to creating a great question? Learn how to make your questions the right question, getting the answers you need! We will look at the various levels of questioning, how to create powerful questions, and how to get more from the questions you ask. With better questions you can manage more efficiently, help people learn, and move your life in the directions you want - really! Put your questions to work for you, register today. 1 Meeting. INSTRUCTOR: Jay Ekleberry.

#3985.501 TUE 6:30-9pm, April 20
\$19.50(Student/U.Mem)\$29.50(Fac/Staff)

Reading Fluency Strategies (Ages 15+)

Improve your reading skills while improving comprehension. Understand and address your strengths and struggles using visual skill assessments, video reading-eye observations, and a set of expanding reading aerobic exercises. Learn to expand basic phonic, sight-words, multi sensory text spans and visual text recognition skills. Build better oral and silent reading skills. For parents, teachers and reading-age children whether or not reading is easy. Children ages 10 to 14 can take course if accompanied by a registered adult - PLEASE register via Course #3227.501. 6 Meetings. INSTRUCTOR: Ed Lucas, retired social worker and teacher with an interest in vision and reading skills and who has experienced the struggles of dyslexia first hand.

#3226.501 MON&WED, 5-7pm, April 5-21
\$44.50(Student/U.Mem) \$54.50(Fac/Staff)

Reading Fluency Strategies (Parent & Child, Ages 10+)

Same as course #3226.501. Course fee is for one parent and one child.

#3227.501 MON&WED, 5-7pm, April 5-21
\$69.50(Student/U.Mem) \$79.50(Fac/Staff)

Speed Reading Aerobics (Ages 15+)

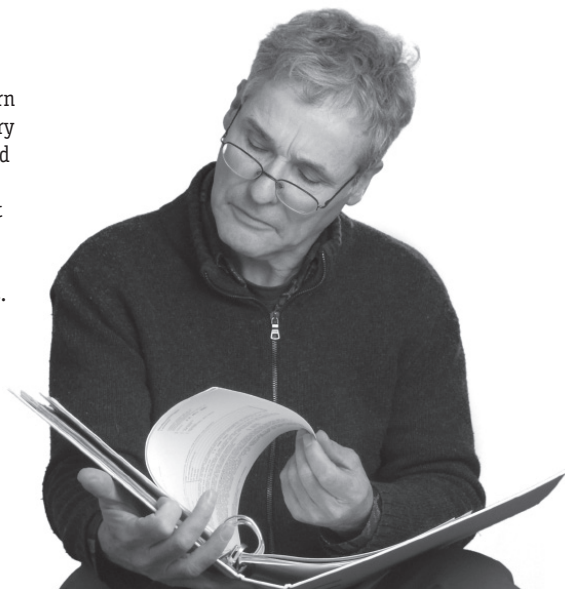
Are you spending more time than you would like reading that textbook or novel? You can learn to read faster than you ever thought possible while maintaining the same level of comprehension. Learn to see and recognize word clusters faster than you can say or think them. You could potentially double or triple your reading speed! Designed to improve reading speed and/or for teachers or parents looking for new ways to teach reading. Children ages 10 to 14 can take course if accompanied by a registered adult - PLEASE register via Course #3221.501. 6 Meetings. INSTRUCTOR: Ed Lucas, retired social worker and teacher with an interest in vision and reading skills and who has experienced the struggles of dyslexia first hand.

#3220.501 MON&WED, 7-9pm, April 5-21
\$49.50(Student/U.Mem) \$59.50(Fac/Staff)

Speed Reading Aerobics (Parent & Child, Ages 10+)

Same as course #3220.501. Course fee is for one parent and one child.

#3221.501 MON&WED, 7-9pm, April 5-21
\$69.50(Student/U.Mem) \$79.50(Fac/Staff)



And Then There's...

Adult, Child & Infant CPR & First Aid

Important information everyone should know! Learn how to recognize an emergency and overcome your reluctance to act. Teaches skills for performing artificial respiration and CPR for adults, infants AND children. Also includes first aid procedures for many of the most common emergencies: skills include controlling bleeding, caring for muscle, bone and joint injuries, responding to shock, treating burns. COURSE FEE INCLUDES text and American Red Cross certifications in Community CPR (1 year) and Lay Responder First Aid & Safety (3 years). 1 Meeting. INSTRUCTORS: American Red Cross certified Instructors. PLEASE NOTE: Due to costs involved and certification the 25% student discount is NOT applicable to Red Cross courses.

#3000.501 SAT 8:30am-5pm, May 1
\$87.50(Students/U.Mem)\$97.50(Fac/Staff)

Adult CPR & First Aid

Learn life saving skills in this web-based blended learning course. First part of training is taken online, allowing learning at own pace. Second part of training is live skills practice and certification. Must have PC (not Mac compatible) with access to internet. Includes training and certification for first aid and Adult CPR. You will receive on line course information and login after registration. Must complete on line course before live skills session on April 12. COURSE FEE INCLUDES American Red Cross certifications. On line course plus 1 Meeting. INSTRUCTORS: American Red Cross certified Instructors. PLEASE NOTE: Due to costs involved and certification the 25% student discount is NOT applicable to Red Cross courses.

#3010.501 Online PLUS MON 6:30-9pm, April 12
\$69.50(Students/U.Mem)\$79.50(Fac/Staff)

Student Discount!

**Current UW Students
take 25% off the cost
of registration for ANY
Mini Course! Enter coupon
code QUARTEROFF at
registration. Experience
Mini Courses for less!**

Finish that Novel & Get It Sold!

Whether your novel is written, revised, and ready to sell, or just a glimmer of an idea in your bedside notebook, this is the class for you. We will get you motivated to write, show you how to prepare your book for publication, teach you how to dazzle literary agents with your knowledge of the market, and write query letters that sell. By the end of the course you'll know exactly what to do the moment you write "The End" and how to get your novel from your laptop to your local bookstore. 3 meetings. INSTRUCTOR: Kelly Harms Wimmer is a copy writer and query consultant whose clients include several top New York publishing companies. Before relocating to Madison, she was an editor and later, a literary agent.

#1440.501 WED 6-8pm, April 14-28
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Start Writing Your Memoir

For every life there is a unique story. Start writing yours! Whether you want to share your own life experiences or pass on your family's stories, this class will help you get started and stay motivated. Each week we will discuss aspects of crafting memoir, including story structure, project organization, and writing techniques that make others want to read your work. Over five weeks you will produce up to four essays (3-5 pages) and a plan for writing more. 5 Meetings. INSTRUCTOR: Sarah White, author, personal historian, and writing coach.

#1450.501 THR 6:30-8:30pm, April 8-May 6
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

The Women in Frank Lloyd Wright's Life

Frank Lloyd Wright was Wisconsin's preeminent architect and one of our most famous residents. With all the recent bestselling books on the market it can be hard to keep all the characters straight. Explore the stories, myths and mystery that surround the women in Wright's life - wives, lovers, servants. Hear personal stories from someone who lived 7 miles from his home and frequently saw Mr. Wright when she was growing up. The Instructor is also a Private Investigator who knows many of the details. 1 Meeting. INSTRUCTOR: Kay Price, experienced instructor and Private Investigator.

#4515.501 MON 7-9pm, April 19
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Internet Auctions

You have heard of e-Bay, perhaps even visited the site, and now you're ready to try your hand at internet auctions. Learn how to "read" an auction page to decide if you should bid or not. Learn how to sell the stuff you no longer want, your options as a seller, and how to make money in the process! Whether you are looking to buy and sell on the side, or make a viable living, learn the ins and outs, and dos and don'ts. Includes how to avoid scams and impulse shopping, and how to find your niche for selling on the internet. 2 Meetings. INSTRUCTOR: Gene Staver, e-Bay Power Seller and experienced Instructor.

#9840.401 TUE 6-9pm, March 9&16
\$44.50(Students/U.Mem)\$54.50(Fac/Staff)

Murder, Mayhem & How To Be a Private Eye

Have you always wondered what it would be like to be a private detective? Do you love mystery stories and imagine you could solve them all? Hear what it is really like, from a woman detective with 23 years of experience. She started her career when few women were in the field and the guys wanted to keep it that way. Explore the interesting stories and find out if this might be a career you would be interested in. 1 Meeting. INSTRUCTOR: Kay Price, owner of Price Detective Agency.

#4580.501 TUE 7-9pm, April 20
\$24.50(Students/U.Mem)\$34.50(Fac/Staff)

Enjoy Bridge the Easy Way

Learn the basic rules and become familiar with most bidding systems, bidding and card playing instruction. You will also be introduced to tournament bridge and actual bridge playing. Please bring a deck of cards. No class 4/1. 5 Meetings. INSTRUCTOR: John Wagner is a long standing duplicate tournament player and has competed with some of the world's foremost bridge experts.

#4720.501 THR 6-8pm, March 18-April 22
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Genealogy

Interested in discovering your family's history? We will look at how to begin genealogy, what resources are available, how to keep track of your information and genealogy standards. You will learn how to find information on the Internet as well as the large amount of information available at your local libraries. Emphasis will be on using free computer programs and Internet sources. 3 Meetings. INSTRUCTOR: Sherry Lloyd is an experienced genealogist with over 25 years of experience.

#4740.501 TUE 6-8pm, April 6-20
\$44.50(Student/U.Mem) \$54.50(Fac/Staff)

Houseplants 101 & 102

Turn your black thumb green! Learn how to grow great houseplants, even if you have failed before. Explore growing exotic plants indoors. We will look at the full range of successful indoor plants, including growing plants from seed, repotting, feeding and watering, AND growing plants when you have no sun. Includes the secret to growing cactus in Wisconsin and free plants for you to take home! Meets at the Instructor's home, approx. 40 minutes north of Madison, where you will see six kinds of palms, three kinds of bananas (grown from seed) and lemon trees previously only found in Thailand. Must provide own transportation to meeting site. Register with your friends and make it "Houseplant Saturday!" 1 Meeting. INSTRUCTOR: Gene Staver, experienced Instructor, has successfully grown hundreds of different houseplants, many exotic

#4780.501 SAT 9am-1pm, May 1
\$39.50(Students/U.Mem)\$49.50(Fac/Staff)

Come Create With Us...

**Wisconsin Union Craftshop
4th Floor, Memorial Union
www.union.wisc.edu/craftshop
262-1282**

We have the tools and open studio space for:

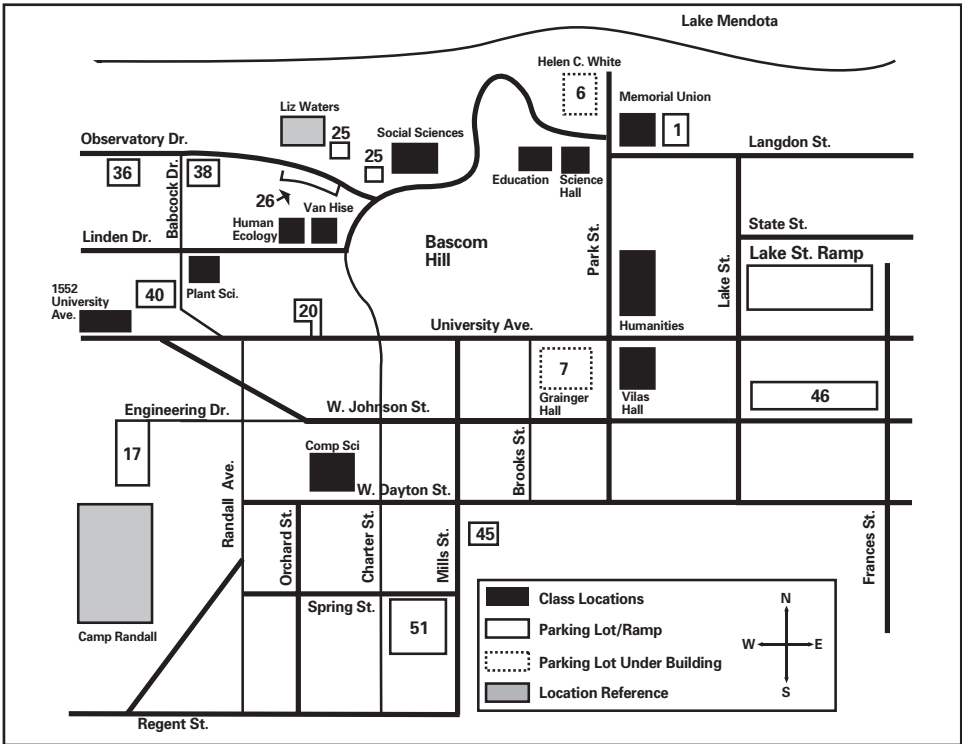
Pottery
Woodworking
Traditional B&W Darkroom
Art Metals
Screen Printing
Stained Glass
Glass Fusing
Matting & Framing
And MORE!

**Open 2:00pm – 11:00pm
Seven Days a Week!**

ONLY \$47.50
(Students/Union Members)
for a half-semester of access!

Craftshop
at Memorial Union
Where ART is a VERB!

Parking Information



Concerned About Parking?

Call us at 262-3156! We can provide you with a PARKING INFORMATION FLYER that shows parking options for most classes. You can also contact UW Transportation Services at 263-6666 for up-to-date parking info.

Public parking is generally available within two blocks of Memorial Union (800 Langdon St) and directly at the Breese Terrace Union South (1552 University Ave). The Lake Street Ramp has entrances on Lake St and Frances St between University Ave and State St. Metered parking is available in Lot 6 under HC White, in Lot 7 under Grainger Hall, and in Lot 46 on W Johnson St. Pay-on-entering parking is available in Lot 17 off Engineering Dr. and in Lot 20 off the 1400 block of University Ave. Free parking is available in some University lots after 5pm, but be sure to check signs at the entrance to each lot for regulations. The Mini Course Office is not responsible for parking citations caused by failure to follow parking regulations.

Large events at the Kohl Center and other campus activities can dramatically affect parking availability and cost. We offer the following suggestions:

- Plan ahead and arrive early, allow yourself time to find parking and to get to class.
- If you must drive, expect traffic congestion and increased parking fees.
- Best bets for parking are Lot 6 (Helen C White), Lot 7 (Grainger), & Lake St. Ramp.

Course Locations

Locations are listed under each title on your Confirmation Notice. Most courses meet Memorial Union, Breese Terrace Union, or in another campus building. If your confirmation lists "Campus Classroom" for location, the exact location is not yet assigned. Call 262-3156 or 265-3000 day of class or check the Today In The Union listing (posted at either Union and on the web at www.union.wisc.edu). Courses meeting off campus or requiring transportation generally say so in the description. Directions will be included with your confirmation notice. Questions? Please call us at 262-3156.

Registration

5 Easy Ways To Register.



Via the WEB
www.wisc.edu/minicourses



By PHONE
262-3156 or 262-5771
8am-5pm, Mon.-Fri.
MC/VISA only!



In PERSON
Memorial Union 800
Langdon Street, Room 4104
Office Hours: 8am-5pm, Monday-Friday



By FAX
FAX PAGE 39 to 608-262-8862
MC/VISA only!

By MAIL
Use our Mail-In Form on Page 39
Mail to: Mini Courses
Box 301 Rm. 4104
Memorial Union
800 Langdon St
Madison, WI 53706
MC/VISA, Check, Money Order.
CHECKS PAYABLE TO:
WI Union Mini Courses.

PRE-REGISTRATION REQUIRED. Instructors do NOT handle registration or registration monies. Registrations accepted until the day of course provided class has made minimum enrollment and space is available. Register early to ensure your space in class!

FAQ

Our Satisfaction Guarantee

Your satisfaction is important to us! If you are dissatisfied with your Mini Course, let us know, and we will issue a Credit Voucher to be used towards any other Mini Course(s) in the next year. A completed Voucher Request Form must be received with 10 days of the FIRST class meeting. Voucher Request Form available on our web site or from office. Phone requests are possible.

How about Parking?

See Page 37 or ask us! For most classes we can provide you with information on parking within two blocks of your meeting place. We also have a PARKING INFO FLYER which can be provided with your confirmation notice. See our website or call us for more information!

What if I need a Refund?

Full refund of course fees if we cancel a course for any reason. IF YOU REQUEST A REFUND, A \$5.00 FEE WILL BE DEDUCTED FROM YOUR REFUND. TO RECEIVE A REFUND, NOTICE MUST BE RECEIVED BY OUR OFFICE THREE (3) BUSINESS DAYS BEFORE THE FIRST CLASS MEETING. No refunds for inability to attend published rain dates. Refund of Membership fees requires return of Membership Card. Refunds for fees paid by cash or check can take up to 4 weeks to process. Refunds for fees paid by credit card are credited to your account immediately. Receipts will not be mailed for credit card or web-based refunds. Please consult your monthly credit card statement for confirmation of refund.

What about Transfers and Credit Vouchers?

Transfers and Credit Vouchers are possible up to three business days prior to the starting date of any course. A \$5.00 FEE IS ASSESSED for transferring or requesting a Credit Voucher. No Credit Voucher will be issued after second class session for multiple session courses. One-session and individual lesson courses require three business day minimum prior to class start date for Transfer or Credit Voucher requests. Credit Vouchers are good towards any Mini Course, for one year from date of issue.

Returned Checks

A \$30 fee is due on any returned check.

Where is my Course Location?

Course locations are listed on your course Confirmation Notice under the course title, including directions for determining exact location if necessary. For classes in Memorial Union, Breese Terrace Union or "Campus Classroom," check the "Today in the Union" listing, posted at every Union entrance or online at www.union.wisc.edu, on the day of your class. Call our office (262-3156) if you need any assistance.

What If I Register on the Web?

Participants who register via our website will be able to print their own course confirmation notice. Please print out your confirmation, as no other course notice will be mailed. All additional info you need will be on this e-confirmation.



**Wisconsin Union
Directorate**
Student Programming Board